



Spring City Cycling Club

Huntsville, Alabama - Founded 1892

SCCC 2010 Summer Races RACE BIBLE

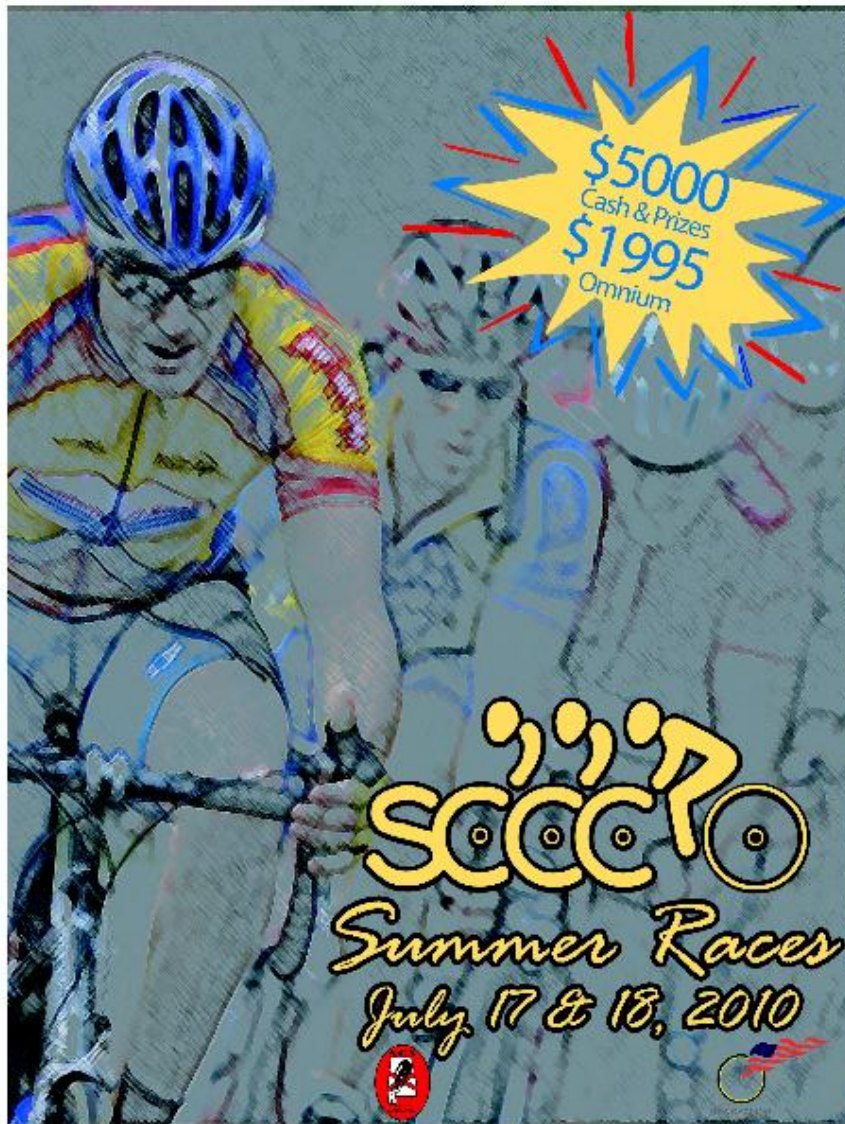
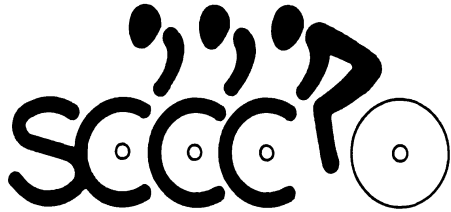


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SPRING CITY CYCLING CLUB

PO Box 2231 Huntsville AL 35804

www.springcity.org

June 25, 2010

I would like to welcome you to our 2010 Summer Races! Both the Spring City Cycling Club and our generous sponsors greatly appreciate your participation. This year we return to the Omnium format that found favor with last year's participants. On Saturday, we host the Alabama State Championship Road Race followed by a lightning fast 1K Time Trial. On Sunday, we'll return to our popular criterium course in beautiful downtown Huntsville.

Throughout its long history, Spring City Cycling Club has had a continued commitment to promote the sport of cycling, and the visibility of our sponsors, through excellence in competition, athlete development, and event promotion. This year promises to continue that tradition.

Please be sure to thank our volunteers, who are giving of their own time to make your race possible. Please also take a moment to visit our sponsors. Without our volunteers and sponsors, our races could not take place.

Thanks again for your support and ride safely!

Jack Bice
Race Director
Spring City Cycling Club

REGISTRATION

Online registration is available at www.bikereg.com.

Online registration closes Saturday, July 10, 2010 at 8:00 AM ET.

Race day registration starts at 7:00 am each day and closes 30 minutes prior to each event, **EXCEPT** for the TT registration which will close at noon on Saturday, July 17th.

You must have a valid USA Cycling license to race. Annual licenses may be purchased at registration. The cost is \$60. One-day licenses may be purchased at registration. The cost is \$10/per day.

Registration Fees:

Make checks payable to SCCC and mail to Mike Steffen, 116 McDermott's Way Madison, AL 35758. Online registration is available at www.bikereg.com. Mailed payments and online registrations must be received by 7/10/10 to avoid the \$10 late registration fee.

Entry Fee Schedule:

RR = \$35

TT = \$15

Crit = \$30

All Junior Category races = \$10

GENERAL RULES

- All 2010 USAC rules are in effect. Held under USA Cycling permit.
- Valid and current USAC license must be presented at registration.
- Promoter reserves the right to adjust start time/mileage, cancel/combine events, remove riders from events, and modify prize lists as necessary.
- Events will be held rain or shine.
- **Helmets must be worn while on the bike at all times.**
- No one can warm up on the course until you have registered and signed a USAC waiver.
- Field limit for Cat 5 racers is 50 riders; Masters 35+ is 75; all other fields are 100 riders.
- All numbers supplied by the promoter must be used. No folding or cutting of numbers is allowed.
- Side numbers should be placed on the correct side of the jersey with the bottom edge of each number aligned with the jersey side seam.
- **The promoter is not responsible for scoring problems due to incorrect number placement.**
- After completing your races, do not congregate at the finish line.
- Please dispose of your trash properly. Littering on or off the bike, will not be tolerated. Our ability to hold this race in the future is dependent on everyone following this rule; racers and non-racers alike. During the road race, gel packs, water bottles, or other trash may be deposited by a racer only within the boundaries of the feed zone. **If you are observed throwing any trash outside of the designated feed zone, you will be disqualified.**
- **Payouts will be made after results are final.** You must present the paymaster your USAC license or race number to claim your prize money.
- Annual licenses available for \$60 (new Cat 5 men, Cat 4 women, or renewals).
- **To win Alabama State championship USAC medals, riders must be Alabama residents and possess an annual USAC license; not a one-day license.**
- Juniors must adhere to the gear restriction rules regardless of what event they are riding in (roll-out will be performed).

Criterion Rules:

- Free lap rule will be in effect.
- Wheel pit area will be provided – wheels in, wheels out. The SCCC promoters are not responsible for wheels and equipment left in the service areas.
- The course will be closed to traffic. The race promoters are not responsible for dogs, vehicles, and other hazards that may occur. **Race at your own risk!** The race promoters have taken precautions to ensure a safe and fair event.

Road Race Rules:

- The center line rule will be strictly enforced!
- There will be corner marshals and/or signs at all intersections on the courses. Ultimately, it is the rider's responsibility to know the course!
- The course will be open to traffic. The race promoters are not responsible for dogs, vehicles and other hazards that may occur. **Race at your own risk!** The race promoters have taken precautions to ensure a safe and fair event.

Time Trial Rules:

- Exact individual start times will be posted at the parking area of Saturday's road race at Cave Springs Baptist Church
- The course will be open to traffic. The race promoters are not responsible for dogs, vehicles, and other hazards that may occur. **Race at your own risk!** The race promoters have taken precautions to ensure a safe and fair event.
- Intentional drafting or taking pace behind other cyclists or motorists will result in penalties.

Payout Breakdown

Road Race	Men P/1/2	Cat 3	Cat 4	Cat 5	M35+	Wom 3/4	Wom P/1/2	OMNIUM	
1st	\$75	\$65	\$65	medal	\$55	\$25	\$30	Rank	Prize
2nd	\$55	\$50	\$50	medal	\$45	\$20	\$25	1st	\$195
3rd	\$50	\$45	\$40	medal	\$35	\$15	\$20	2nd	\$140
4th	\$35	\$30	\$30		\$25	\$10	\$15	3rd	\$135
5th	\$30	\$25	\$25		\$20	\$10	\$10	4th	\$130
	\$245	\$215	\$210		\$180	\$80	\$100	5th	\$125
								6th	\$120
Time Trial	Men P/1/2	Cat 3	Cat 4	Cat 5	M35+	Wom 3/4	Wom P/1/2	7th	\$115
1st	\$30	\$30	\$25	medal	\$25	\$10	\$10	8th	\$110
2nd	\$25	\$20	\$15	medal	\$15	\$5	\$5	9th	\$105
3rd	\$20	\$20	\$15	medal	\$15	\$5	\$5	10th	\$100
4th	\$15	\$15	\$10		\$10	\$5	\$5	11th	\$95
5th	\$10	\$10	\$10		\$10	\$5	\$5	12th	\$90
	\$100	\$95	\$75		\$75	\$25	\$35	13th	\$85
								14th	\$80
Criterium	Men P/1/2/3/4	Cat 3	Cat 4	Cat 5	M35+	Wom 3/4	Wom P/1/2	15th	\$75
1st	\$90	\$85	\$80	medal	\$80	\$30	\$40	16th	\$70
2nd	\$70	\$65	\$60	medal	\$60	\$25	\$30	17th	\$65
3rd	\$60	\$55	\$55	medal	\$50	\$20	\$25	18th	\$60
4th	\$45	\$40	\$40		\$40	\$15	\$20	19th	\$55
5th	\$35	\$35	\$30		\$30	\$10	\$15	20th	\$45
	\$300	\$280	\$265		\$260	\$100	\$130		\$1,995

OMNIUM RULES

It should be noted that **this omnium differs from conventional omniums** in that there is competition across categories for **one omnium purse** as opposed to within categories. Your point total will be compared to the point totals accumulated by riders from other categories. It is to your advantage to race in as many races/categories as you can qualify for under USAC rules. The scoring scheme shall be specified in the official race announcement below.

Omnium Qualification

In order to qualify for the Omnium, a rider must register once in each discipline (RR, TT, Crit) in one category to be eligible for Omnium consideration. Category 5 and Junior categories are excluded from Omnium consideration. **Any points earned in races from any and all additional event categories count toward the Omnium placings as long as the rider meets the eligibility requirement.**

Example One: A 40 year old Category 4 racer who registers for the Cat4 RR, Cat4 TT, and Cat4 Crit is eligible for the Omnium. If the same racer were to register for the Cat 4 RR, Cat4 TT, and Masters Crit s/he would not be eligible unless s/he also registered for the Cat4 Crit.

Example Two: The same 40 year old Category 4 racer could alternately register for the Masters RR, Masters TT, and Masters Crit and there by be eligible for the Omnium. S/he could also collect Omnium points by registering and placing in any and all of the Category 4 events (except the RR which is concurrent with the Masters RR,) e.g. Cat 4 TT, Cat 4 Crit.

A rider may enter any race in the event for which s/he is qualified under USAC rules. A rider may not ride in concurrent mass start events.

A rider who is qualified to race in multiple categories may ride the TT one time to satisfy participation for each qualified category provided s/he is registered for each of those categories prior to the ride.

Example Three: A 40 year old category 4 racer who registers for the cat 4 RR,TT, and crit and also registers for the Masters TT can collect omnium points for each of these two TT competitions with a single TT ride if s/he places well enough in each of those respective TT standings

As per the USAC Rulebook:

1K2. Women may enter any *men's* race for which they are eligible by age, category, and any performance requirements. They may also enter categorized races for men that are up to one category lower than their women's category. *For road, track, and cyclocross events*, category 1 women may enter men's races up to two categories lower. In addition, category 4 and 3 women who are 35 or older may compete in Masters races for all riders up to 20 years greater than their racing age, subject to other eligibility requirements.

In case of a **tie on total points**, the tie will be broken in favor of the rider who has:

- (a), The faster TT time, or if still tied;
- (b.) The most first place finishes or, if still tied, the most second place finishes, etc.

Event Omnium Point Awards

Placing	Road Race Omnium Points						Time Trial Omnium Points						Criterium Omnium Points					
	m35+	Sr4	Sr3	W1/2	P/1/2	W3/4	m35+	Sr4	Sr3	W1/2	P/1/2	W3/4	m35+	Sr4	Sr3	W1/2	P/1/2/3/4	W3/4
1st	30	30	30	30	40	30	30	60	60	30	60	30	20	30	30	20	30	30
2nd	29	29	29	29	39	29	29	58	58	29	58	29	19	29	29	19	29	29
3rd	28	28	28	28	38	28	28	56	56	28	56	28	18	28	28	18	28	28
4th	27	27	27	27	37	27	27	54	54	27	54	27	17	27	27	17	27	27
5th	26	26	26	26	36	26	26	52	52	26	52	26	16	26	26	16	26	26
6th	25	25	25	25	35	25	25	50	50	25	50	25	15	25	25	15	25	25
7th	24	24	24	24	34	24	24	48	48	24	48	24	14	24	24	14	24	24
8th	23	23	23	23	33	23	23	46	46	23	46	23	13	23	23	13	23	23
9th	22	22	22	22	32	22	22	44	44	22	44	22	12	22	22	12	22	22
10th	21	21	21	21	31	21	21	42	42	21	42	21	11	21	21	11	21	21
11th	20	20	20	20	30	20	20	40	40	20	40	20	10	20	20	10	20	20
12th	19	19	19	19	29	19	19	38	38	19	38	19	9	19	19	9	19	19
13th	18	18	18	18	28	18	18	36	36	18	36	18	8	18	18	8	18	18
14th	17	17	17	17	27	17	17	34	34	17	34	17	7	17	17	7	17	17
15th	16	16	16	16	26	16	16	32	32	16	32	16	6	16	16	6	16	16
16th	15	15	15	15	25	15	15	30	30	15	30	15	5	15	15	5	15	15
17th	14	14	14	14	24	14	14	28	28	14	28	14	4	14	14	4	14	14
18th	13	13	13	13	23	13	13	26	26	13	26	13	3	13	13	3	13	13
19th	12	12	12	12	22	12	12	24	24	12	24	12	2	12	12	2	12	12
20th	11	11	11	11	21	11	11	22	22	11	22	11	1	11	11	1	11	11
21st	10	10	10	10	20	10	10	20	20	10	20	10		10	10		10	10
22nd	9	9	9	9	19	9	9	18	18	9	18	9		9	9		9	9
23rd	8	8	8	8	18	8	8	16	16	8	16	8		8	8		8	8
24th	7	7	7	7	17	7	7	14	14	7	14	7		7	7		7	7
25th	6	6	6	6	16	6	6	12	12	6	12	6		6	6		6	6
26th	5	5	5	5	15	5	5	10	10	5	10	5		5	5		5	5
27th	4	4	4	4	14	4	4	8	8	4	8	4		4	4		4	4
28th	3	3	3	3	13	3	3	6	6	3	6	3		3	3		3	3
29th	2	2	2	2	12	2	2	4	4	2	4	2		2	2		2	2
30th	1	1	1	1	11	1	1	2	2	1	2	1		1	1		1	1

ROAD RACE INFORMATION

Category	Laps	Race Distance	Event Start
Pro/1/2	5	74.5	8:00 AM
SR3	5	74.5	8:05 AM
SR4	4	59.6	8:10 AM
Wmn 1/2	3	44.7	8:15 AM
M35+	3	44.7	11:45 AM
SR5	3	44.7	11:50 AM
Wmn 3/4	3	44.7	11:55 AM
Juniors	3	44.7	12:00 PM

The Road Race Course is a **14.9-mile loop** on mostly quiet and smooth roads, flat to rolling with four right turns. There are several noticeable hills but none over 100' (an elevation profile is provided on page 12). The finish is on Old Gurley Pike near Honea Lane, located 0.6 miles after a short steep hill.

Parking and the race start **are not located on the race loop**, but at the **Cave Spring Baptist Church** at 1114 Cave Spring Road, Owens Cross Roads, a short distance east of Huntsville (directions on next page). Since the church is not on the loop there will be a neutral start including a left turn onto the loop.

The finish will not be at the church, but on the loop 0.5 miles before where the neutral start turns onto Old Gurley Pike, so racers will not cross the finish line until the end of lap one.

- The race runs clockwise. (This is opposite the direction of the 2009 race.)
- Be aware of the potential for dogs and gravel on the course.
- **Feed Zone:**
 - TBD
- **Neutral Start:**
 - Start east from Cave Spring Baptist Church on Cave Spring Road
 - 1.2 miles – Left at T onto Old Gurley Pike (joining loop 0.5 miles past finish)
 - 0.3 miles – End neutral start
 - 0.8 miles – Right at T onto Cherry Tree Road (distance after neutral start)
- **Race Loop:**
 - 1.6 miles – Right at T onto Cherry Tree Road (2nd lap on, distance after crossing finish)
 - 3.5 miles – Right at T onto New Hope Cedar Point Road
 - 5.8 miles – Right onto Woody Road (**sharp downhill off-camber turn**)
 - 0.9 miles – Right at T onto Old Gurley Pike
 - 3.1 miles – Finish

New Hope Restaurants include:

- Old Vienna Bakery on Main Drive - Breakfast, Pastries, Coffee, Sandwiches.
- Kountry Kettle Kafe' on Main Drive - Traditional Breakfast, Burgers and Sandwiches.
- The Rock Café on US 431 - Country restaurant

Directions to Road Race parking/start:

Cave Spring Baptist Church at 1114 Cave Spring Road, Owens Cross Roads, Alabama

From **US-72** (Chattanooga/Knoxville and others from the east)

- Left onto Jackson CR-5 (as US-72 curves right, about 3 miles past Woodville)
- 2.8 miles – Right onto Cherry Tree Road
- 3.5 miles – Left onto Old Gurley Pike
- 1.1 miles – Right onto Cave Spring Road
- 1.2 miles – Church will be on the Right (not the first church on Cave Spring Road)

From **US-231** (thru Huntsville)

- From US-231/Memorial Parkway, Turn East onto Governors Drive/US-431
- 13.1 miles – Left at Cave Spring Road (no signal)
- 2.1 mi. – Church will be on the Left

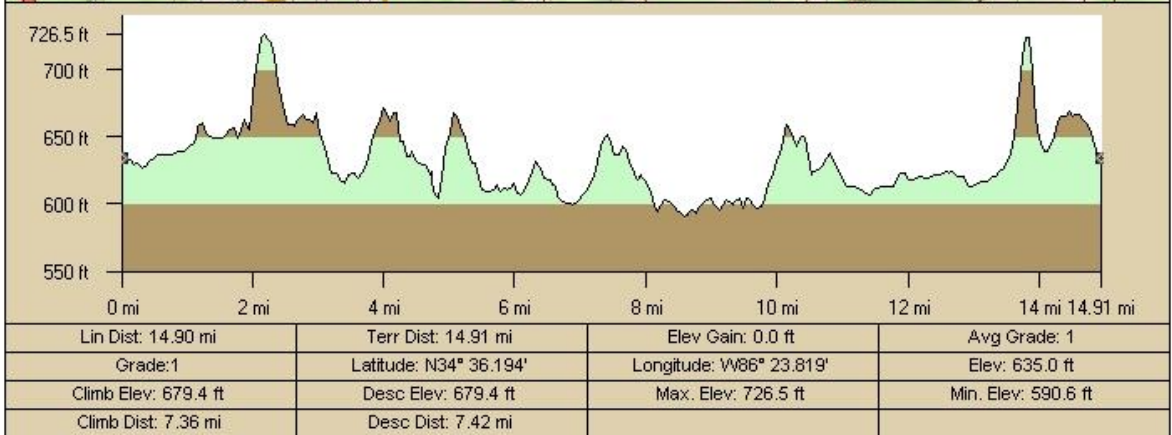
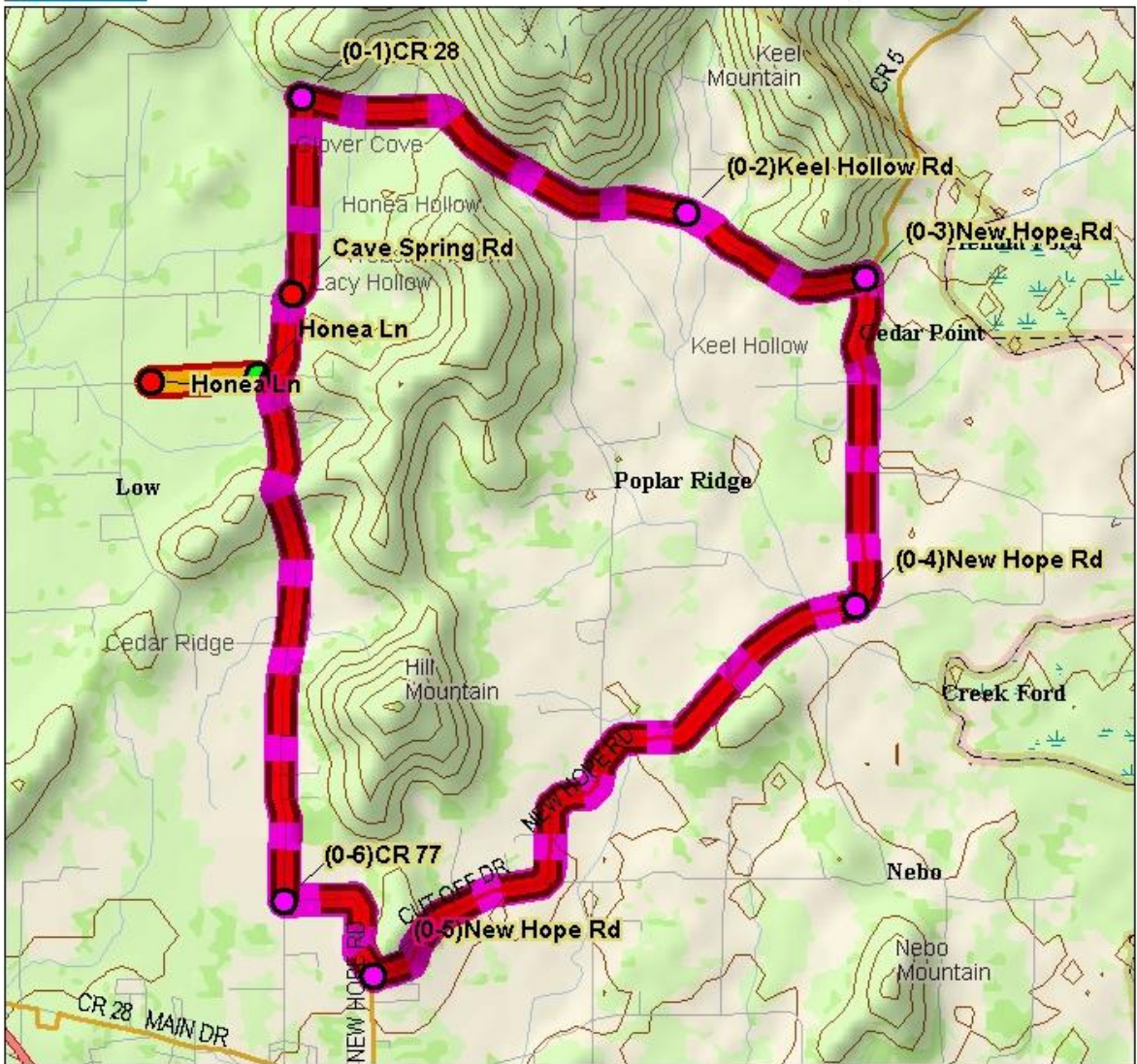
Google Maps:

Parking/start at Cave Spring Baptist Church:

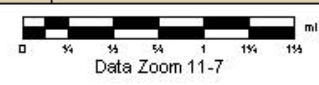
<http://tinyurl.com/CaveSpringBaptistChurch>

Road Race Loop:

<http://tinyurl.com/RocketCityCW>



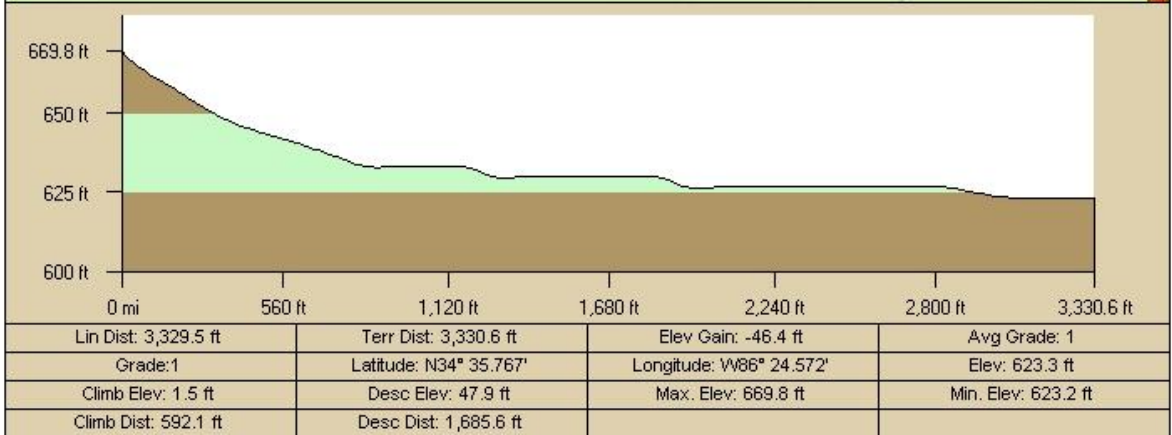
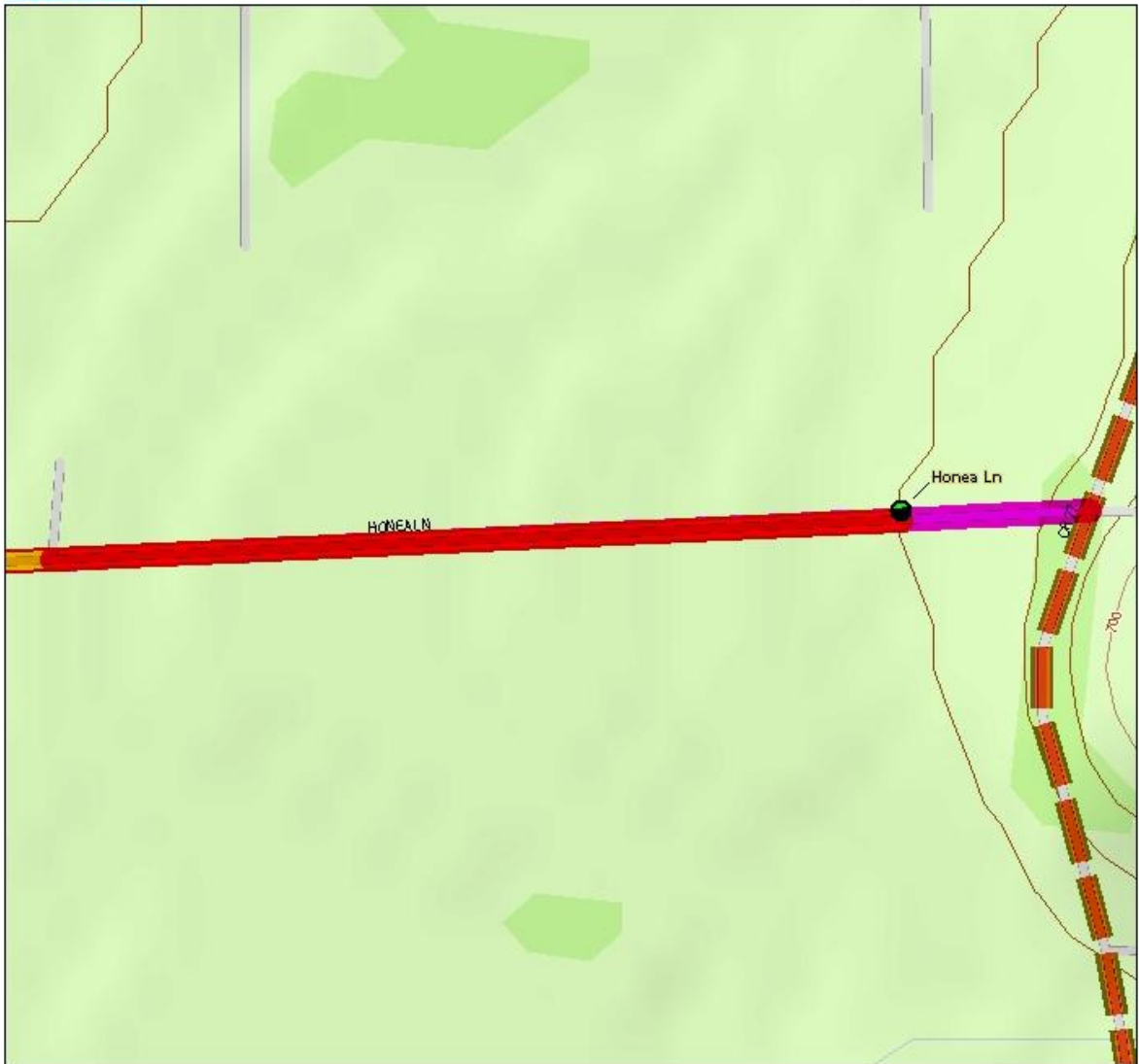
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1K TIME TRIAL INFORMATION

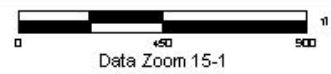
Event start is at 3:30 pm. Start order will be determined by order of registration and proceeds in 15 second intervals (pending chief referee approval). **Registration for this event will close at noon on Saturday.**

The Time Trial will be held on a straight 0.6 mile course on Honea Lane, starting where Honea T's off Old Gurley Pike near the road race finish. The course drops 45 feet, most of it near the start. **Omnium points are heavily weighted** for this event as it is expected to be very competitive.



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CRITERIUM INFORMATION

Category	Event Start	Duration (hh:mm)
Masters		
35/45+	8:00 AM	0:45
Women 3/4	9:00 AM	0:45
Sr5	10:00 AM	0:30
SR4	10:45 AM	0:45
SR3	11:45 AM	0:45
Juniors	12:45 PM	0:30
Women 1/2	1:30 PM	1:00
Pro/1/2/3/4	2:45 PM	1:15

The Criterium is a 0.7-mile loop in scenic downtown Huntsville with one small hill and six corners (5 right, one left).

Directions to Criterium:

From I-565 (Huntsville)

- Take the Jefferson Street/Downtown Exit 19.
- Head south on Jefferson Street/Madison Street.
- Turn left on Williams Avenue.
- There is plenty of parking in the office complexes around the course.
- GPS Device - The criterium's start/finish will be close to Progress Bank, 201 Williams Avenue, Huntsville, AL 35801.

Map to the Huntsville Downtown Criterium



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