



# The Spring Times

## June 2007

*Spring City Cycling Club*  
Huntsville, AL – Founded 1892

The Official Publication of the Spring City Cycling Club – Dedicated to providing “concerted plans and amusements for the bicyclist.”

### The Ramble

#### Cross-State Riding

Summer is here and the number of available organized rides is astonishing. Many, many centuries are available within a half-day’s travel of Huntsville. Some have colorful names. Some have great scenery. Most are pretty well organized and will provide most any cyclist a good time.

Organized centuries and event rides are fun, but sometimes it seems like the joy of the ride is overcome by the stress of travel and the “loss” of an entire weekend. To truly enjoy an out of town ride, it is sometimes necessary to take a full week off to get in some good riding without being stressed about getting back in time to make it to work on Monday.

Taking a few weeks off and jetting off to Europe seems to be a popular option at the moment. Others may be willing to get together with a few friends and spend a few days riding in an interesting nearby region. Another option is the organized cross-state ride.

Cross-state rides typically last for a week and provide a great opportunity to see the countryside in an area of the country that you choose. While not as fluffy as the rides put on by some of the touring companies, these rides bring together a few hundred people that are there to enjoy the ride. These rides are organized in many states including Florida, Georgia, Indiana, and Iowa and have truly interesting names like GOBA, BRAG, RAGBRAI, and TRIRI.

When you go on a ride of this nature you typically choose one or more of three lodging options – tent camping, sleeping in a gymnasium, or staying in hotels, inns, or bed and breakfasts. After you’ve settled on your accommodations you just need to pack the necessary gear and throw it on the truck at the beginning of the day. When you arrive at the end of the ride your gear is waiting at the truck and you can proceed to your accommodations and make yourself at home for the evening.

#### Officers Meeting

Date: 7:00 PM, June 4

Location: Bayler’s, 237 Sweet Bay Court, Harvest

#### General Meeting

Date: 7:00 PM, June 11

Location: Indigo Joe’s

Program: TBD

Ride lengths are typically from 45 to 100 miles per day and this is a great way to build a good base of mileage for the rest of the season. Many of our members have been going to Arizona in the spring and doing a similar activity with the PAC Tour. Some others have recently done week-long tours in Florida and a few of us are heading to Indiana for a week this month.

Take a look around and see what strikes your fancy. You might want to start with a more local ride like BRAG (or its three-day Bike Fest) and see if you like this type of organized ride. A great resource for finding such rides is the National Bicycle Tour Directors Association (<http://www.nbtda.org>).

*Happy Cycling,*  
*Mike*

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## May Meeting Minutes

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Submitted by Leah Tracy, SCCC Secretary

Preceding the meeting, the club held bicycle races for children. The kids had a great time and all went home with ribbons and certificates.

Following the races, the general meeting was held at Indigo Joes. Mike Holderer updated his progress in planning the century. Sharon Bayler requests content for the newsletter. Jamie Miernik talked about the Ride of Silence and the Tour de Arsenal. Marjorie talked about the ongoing trash pickup effort. Following the meeting, we enjoyed viewing the 1974 Giro d'Italia. About 25 people attended.

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## Cheaha Ride Report

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Submitted by Amelia Baldwin

Anita and I did the half century at Cheaha. Everyone needs to know that this is a pretty easy half century, despite it being on the Cheaha Challenge. The "challenge" part of that century is the middle part, which we didn't do, of course. The half goes out to the second rest stop and back. The rest stops were manned by friendly folks with a variety of food. The only significant climb in the half century is a one mile climb up to the second rest stop. It averages about 5%. To put this in perspective, it's much easier than Monte Sano and less than a third as long. Another nice thing about the climb, is you have two lanes of road going in the same direction, so you don't have to worry about cars passing you too close or at inappropriate times since they have a whole lane of their own.

After a shower and food, I flopped in the grass at the finish line for a few hours to listen to the loud music and wait on Andrew. He did the century on his own. This was his fourth Cheaha, I think. Unfortunately, he had some gears that were not available because of a technical problem, but still managed to finish only 15 minutes over his time from 2005.

The Cheaha organizers provided a nice goody bag, cool t-shirts and had hot showers and plenty of hot food and cold drinks available at the finish. We had a great time. It's twice as much fun to do this with a friend, so let's go do some more half centuries, folks!

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## Welcome New Members

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Michael Sellers  
John Jones  
Roger Baird  
David Moulder

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## Ride of Silence

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Submitted by Jamie Miernik, SCCC Community Affairs

The Ride of Silence was well-attended by 30 cyclists. We rode about 6 miles around town without saying a word, even when an entire porch full of revelers on Clinton, who seemed really happy and impressed to see 30 bikes go by, all yelled: "Whooooo!". One called out: "Why you so glum?" Jacque Stone rode back later to tell them why we were all silent... Five of Jennifer Robbins friends came they were really nice. We also had coverage with Channel 31 and they trailed us all through town.

Thanks to all who attended.

*Editor's note: The Ride of Silence is a silent, slow-paced ride (max. 12 mph/20 kph) in honor of those who have been injured or killed while cycling on public roadways, held every year worldwide during National Bike Month*

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### In Memoriam

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This month's SCCC newsletter is dedicated to the memory of Jennifer Robbins, who was killed while cycling on Carter's Gin Road on May 2, 2007.

Jennifer Robbins was a Mississippi State software-engineering student employed as an intern at Marshall Space Flight Center.

BICYCLES ETC.  
8100 Memorial Parkway  
881-6947



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## Cycling in Atlanta

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Submitted by Scott Payer

One ride was just outside of Atlanta in Cummings Georgia off 400. Its a recurring Wednesday evening ride that starts from Reality Bikes bike shop. I believe the info and directions can be found at this site <http://realitybikes.com/> It was a great ride with all levels of riders. They even had one of the guys from the shop lead the ride through town on a motorized scooter. He would stop traffic, wave the riders through intersections, and let everyone know when to stop and go. After the group made it through town he would ride to the back and follow along helping people with flats and mechanical problems. The loop was 30 miles and there were about 30+ riders. The route rolled a good bit, but there weren't any significant climbs.

  
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[www.madisoncycles.com](http://www.madisoncycles.com)

[steve@madisoncycles.com](mailto:steve@madisoncycles.com)

The other group ride was a recurring Thursday evening ride starting from St. Philips Cathedral on Peachtree St. I've ridden with this group about 2 years ago and the route was through nice neighborhoods in Buckhead and the Vinings area. There is a lot of traffic during this ride but the group of riders was large enough to prevent a lot of the problems I've had around town. There are quite a few fast riders in this group. I rode at the front as long as I could until I was dropped buy a group of around 5 or 6 guys on a long steady hill. Since I didn't know the route I had to wait a bit for the next group of riders to come along. Not too long after joining another group we came up on the fast group where one of the rider had hit a car that turned in front of him and immediately stopped. I don't believe he was seriously injured but he snapped his fork and the car was damaged as well. This is about the only time I've felt good about not being very fast.

I had never ridden the Silver Comet trail but read and heard quite a bit about it and wanted to ride it at least once. <http://www.trailexpress.com> I checked it out on Friday afternoon to make sure I knew how to get there

and where to park. I talked with a guy who said it gets really crowded on the weekends, and that I might have to wade through walkers and other riders. I arrived at the main trail head at 5:30 AM and was about the first person there. I waited a bit for the sun to come up and started riding. It would have been nice to have known the temperature was going to drop below 50, but I did have a layer with sleeves. This is a really nice paved trail that has some road crossings, but a lot of bridges and tunnels. I pretty much had the trail to myself on the way out except for all the rabbits and a handful of people walking and riding. I planned to ride between 90 and 100 miles and made it as far as the 42 mile mark when the trail crossed a two lane county road and went through a cow pasture. Actually I'm not sure if it was meant to be a cow pasture since I didn't see any fence preventing the cows from walking across the road. However, when I started on the path through the field there were several cows and/or a bull grazing close to the trail. Some of them ran when they saw me, but one of the cows or the bull stood to the side of the trail and didn't appear to want to move. I stopped and he mooed at me several times. I was afraid he might trample me if I tried to pass or that if I did make it past I might have problems on the way back. Anyway, I turned around at this point and started back. The ride back was nice. There weren't as many people as I expected until I made it to around 20 miles from the trail head. The guy I had talked to was right, there were a lot of walkers, runners, bikers of all levels, groups of recumbent bikers, roller bladders, and people selling and even giving away water along the route. I did see a cross/memorial for the woman that was murdered on the trail last July. It was at the side of the trail around mile 15 and there were a lot of things left around the cross and put on it by other riders or walkers. There were a lot of water bottles, flashers, riding hat(s), plastic flowers, and other such items left. I stopped on the way back, finished one of my bottles, and left it there.



The devil chasing riders up Cecil Ashburn on the 4 Hills Century.  
Photo by James Burnham.

The trail was nice, especially something that long, paved, and closed to motorized vehicles with the exception of a Sheriff that was patrolling the trail on a

four wheeler. I didn't feel threatened by anything, but I wouldn't ride it alone at night.

I was a bit discouraged after I first started the ride because I felt I was having to work harder than normal to keep a fast pace on what I believe to be mostly flat. On the way back I figured out why since I didn't have much difficulty holding a pretty fast pace. The trail is a gradual climb on the way out until around mile 30, then it rolls a bit. If you want real climbing or hill work you won't find it on this trail, or at least not the part I rode.

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## Alabama Sports Festival

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The Alabama Sports Festival is celebrating its 25th Anniversary in 2007. The 2007 Games will be in the Birmingham Metro Area June 29 - July 1. From bowling to cheerleading to cycling to disc golf to Taekwondo to wrestling, there is truly something for everyone. The cycling portion of the games will include a metric century, and 25 mile fun ride, on June 30, 2007. Sign up today! It even has its own podcasts! <http://www.alagames.com/>



Unidentified rider crossing the finish line in great form. *Photo by Dave Stone.*



Happy kids after the races. *Photo by Dave Stone.*



Podium finishers at the kid's races. Sorry, no names were submitted. *Photo by Dave Stone.*

### Newsletter Deadline

The deadline for the June newsletter will be Friday, June 22<sup>ND</sup>. Please send submissions to [sharon@bayler.us](mailto:sharon@bayler.us).

Members are requested to submit articles, pictures, and useful links. Members may also run free classified ads in the newsletter.



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# Animal control contact agencies

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Print and keep in your cycling wallet!!!

## In Madison County

Madison County Animal Control

Phone: 532-1519

Hours: 8 a.m. to 4:30 p.m., Monday-Friday

After hours: Call sheriff at 532-3416.

## In Huntsville

Huntsville City Animal Control Center

Phone: 883-3788

Hours: 8 a.m. to 7 p.m., Monday-Friday; 9 a.m. to 3 p.m., Saturday

After hours: Call Huntsville police at 722-7100.

## In Madison

Madison City Police Department

Phone: 772-5694

Hours: 8 a.m. to 5 p.m., Monday-Friday

After hours: Call Madison police at 772-5689.

## In Jackson County

Call county sheriff at 574-2610.

## In Scottsboro

Scottsboro Animal Shelter

Phone: 259-6511

Hours: 8 a.m. to 4:30 p.m., Monday-Friday

After-hours: Call Scottsboro police at 574-3333.

## In Limestone County

Limestone County Animal Control

Phone: 233-6476

Hours: 7 a.m. to 3:30 p.m., Monday-Friday

After hours: Call county sheriff at 233-0111.

## In Athens

Department of Animal Control and Enforcement

Phone: 232-7230

Hours: 7:30 a.m. to 4 p.m., Monday-Friday

After hours: Call Athens police at 233-8700.

## In Marshall County

Marshall County animal control officers

Phone: 582-4744

Hours: 7 a.m. to 3:30 p.m., Monday-Friday

After hours: Call 582-4744.

## In Albertville

Call Albertville police at 878-1212.

## In Arab

Call Arab police at 586-8124.

## In Boaz

Call Boaz police at 593-6812.

## In Guntersville

Call Guntersville police at 571-7571.

## In Morgan County

Morgan County Animal Shelter

Phone: 773-2934

Hours: 7:30 a.m. to 4:30 p.m., Monday-Friday

After hours: Call 778-6100 or (800) 700-2062.

## In Decatur

Decatur Animal Shelter

Phone: 351-7765

Hours: 8 a.m. to 5 p.m., Monday-Friday; 8 a.m. to noon,

Saturday

After hours: Call Decatur police at 353-2515.

## In Hartselle

Call Hartselle police at 773-6534.

## In Lincoln County, Tenn.

Fayetteville Animal Shelter

Phone: (931) 433-3726

Hours: 9 a.m. to 4 p.m., Monday-Wednesday and Friday; 8

a.m. to noon, Saturday

After hours: Call county sheriff at (931) 433-2977.



**Don't let the mad dogs get you down!**

## SCCC Membership

Please complete the application form in this newsletter and send your dues to: SCCC, PO Box 2231, Huntsville, AL 35804. Or, you can renew online at the club website:

[www.springcity.org/how\\_to\\_join.html](http://www.springcity.org/how_to_join.html)

Dues are:

\$12 - email newsletter (individual)

\$15 - email newsletter (family)

\$17 - USPS newsletter (individual)

\$20 - USPS newsletter (Family)

Ed Bernstein, Treasurer SCCC

## Treasurer's Report:

### Income Statement for the Period 4/1/07 – 4/30/07

<b>Beginning Balance</b>	<b>\$ 5871.55</b>
<b>Income</b>	
Membership	174.00
Car Tag	5.00
Lynskey Reimbursement for March Meeting	100.00
<b>TOTAL Income</b>	<b>279.00</b>
<b>Expense</b>	
Domino's Pizza (for April Meeting)	\$48.59
Mike Bayler for Printing RAM Flyers	\$15.20
Mike Bayler for Drinks, etc for March Meeting	33.16
Postage	\$39.30
Quality Quick Printing - Newsletter (April)	\$51.96
<b>TOTAL Expense</b>	<b>\$ 188.21</b>
<b>Ending Balance 4/30/07</b>	<b>\$ 5962.34</b>

There are 187 current memberships as of 5/21/2007

## Out of Town Century Rides

May 26 - 14th Annual Jim Kruse Century - Statesboro, GA,  
<http://www.jimkrusecentury.com/>

May 26 - Clarksville Rotary Annual Metric 2007 - Clarksville,  
 TN, <http://www.bikethecram.com/>

May 26-27 - 2007 Challenge of the Centuries - Hartwell, GA,  
<http://www.hartcom.net/bikeride>

May 26-29 – Horsey Hundred, Georgetown, KY,  
<http://www.bgcycling.org/horsey.php>

May 27 - 2007 Sandy Springs GreenTour Bicycle Ride - Sandy  
 Springs, GA, <http://www.thegreentour.org/reg.html>

May 28 - 2007 Silver Comet Memorial Day Bike Ride -  
 Cedartown, GA,  
[http://www.active.com/event\\_detail.cfm?event\\_id=1433326](http://www.active.com/event_detail.cfm?event_id=1433326)

June 2 - Middle Tennessee Tour de Cure - Murfreesboro, TN,  
[http://tour.diabetes.org/site/tr?pg=entry&fr\\_id=4368](http://tour.diabetes.org/site/tr?pg=entry&fr_id=4368)

June 2 - Pedalfest 2007 - Elizabethton, TN,  
<http://www.hamptontrails.com/pedalfest>

June 2 – Century of Compassion 3, Alabaster, AL,  
<http://www.sabodyandsoul.com/>

June 2 - Tour de Cave Bicycle Ride - Oakland, KY,  
<http://www.bglob.com/>

June 9 - Cycle the Gorge Rally & Family Fun Ride - Slade, KY,  
<http://www.cyclethegorge.com/>

June 9 - 2007 English Mountain Challenge - Sevierville, TN,  
<http://www.southernbicycling.com/>

June 9-16 - 2007 BRAG - Bicycle Ride Across Georgia -  
 Columbus, GA, <http://www.brag.org/>

June 16 - Cherochala Challenge 2007 - Tellico Plains, TN,  
<http://www.smwbike.org/>

June 16 – RideYELLOW Metric Century, Loxley, AL,  
<http://rideyellow.blogspot.com/>

June 16 - First Annual Peddlin' for Life Tour - Springfield, KY,  
[http://www.active.com/event\\_detail.cfm?event\\_id=1422577](http://www.active.com/event_detail.cfm?event_id=1422577)

June 23 - 11th Annual Harpeth River Ride - Thompson Station,  
 TN, <http://www.harpethbikeclub.com/>

June 30 - Cartersville Century 2007 - Cartersville, GA,  
<http://www.cartersvillecentury.org/>

June 30 – Alabama Sports Festival XXV Cycling Ride,  
 Homewood, AL, <http://www.alagames.com/>

## Spring City Cycling Club Officers

<b>President</b>	<b>Mike Bayler</b>	<b>653-9902</b>	<a href="mailto:mike@bayler.us">mike@bayler.us</a>
<b>Vice-President</b>	<b>Morgan Andriulli</b>	<b>536-7190</b>	<a href="mailto:morganandriulli@comcast.net">morganandriulli@comcast.net</a>
<b>Secretary/Public Relations</b>	<b>Leah Tracy</b>	<b>509-5217</b>	<a href="mailto:leah-tracy@yahoo.com">leah-tracy@yahoo.com</a>
<b>Treasurer</b>	<b>Ed Bernstein</b>	<b>534-6574</b>	<a href="mailto:scctreasurer@knology.net">scctreasurer@knology.net</a>
<b>Rides Captain</b>	<b>Amelia Baldwin</b>	<b>520-9494</b>	<a href="mailto:amelia.baldwin@uah.edu">amelia.baldwin@uah.edu</a>
<b>Community Affairs</b>	<b>Jamie Miernik</b>	<b>536-7190</b>	<a href="mailto:jamorgan10@comcast.net">jamorgan10@comcast.net</a>
<b>Newsletter Editor</b>	<b>Sharon Bayler</b>	<b>653-9244</b>	<a href="mailto:sharon@bayler.us">sharon@bayler.us</a>
<b>Webmaster</b>	<b>Dean Della Pella</b>	<b>890-0706</b>	<a href="mailto:dean.dellapella@gmail.com">dean.dellapella@gmail.com</a>
<b>Race Division Manager</b>	<b>Heath Goebel</b>	<b>539-3655</b>	<a href="mailto:heath.goebel@trw.com">heath.goebel@trw.com</a>
<b>Century Director</b>	<b>Mike Holderer</b>	<b>883-9982</b>	<a href="mailto:moh@knology.net">moh@knology.net</a>

**For latest information:**  
 Amelia Baldwin, Professor of Rides  
 256-520-9494  
 amelia.baldwin@uah.edu  
<http://www.springcity.org>

# Spring City Cycling Club

**Weather policy**  
 If the weather is questionable before the start time, call the ride leader to confirm whether the ride will take place.

## June 2007 Rides Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 Fast/Easy Breakfast Afternoon Rides	28 <b>Memorial Day</b> Rogersville Metric/40	29 Madison Stadium Crit Intergraph 530 Arsenal Ride 530	30 Midweek Mortals @5	31 Alternate Thurs 515 Williams School 530 Arsenal Ride 530	1	2 Courtland Picnic Charity@Sparkman RAM ride
3 Fast/Easy Breakfast Afternoon Rides	4 Moderate Mortals @5 <b>Officers Meeting</b>	5 Joe Davis Crit Intergraph 530 Arsenal Ride 530	6 Midweek Mortals @5	7 Alternate Thurs 515 Williams School 530 Arsenal Ride 530	8 Greenbriar Time Trial	9 Bungalow Ride RAM ride
10 Fast/Easy Breakfast Afternoon Rides Katpaugh NRLB ride	11 Test Week Ride Moderate Mortals @5 <b>General Meeting</b>	12 Joe Davis Crit Intergraph 530 Arsenal Ride 530	13 Midweek Mortals @5	14 Alternate Thurs 515 Williams School 530 Arsenal Ride 530	15	16 Tricia's NRLB ride Tour de Coves RAM ride
17 Fast/Easy Breakfast Afternoon Rides	18 Moderate Mortals @5	19 Madison Stadium Crit Intergraph 530 Arsenal Ride 530	20 Midweek Mortals @5	21 Alternate Thurs 515 Williams School 530 Arsenal Ride 530	22	23 Cherry Tree Coldwater 60 Harpeth River (\$) RAM Ride
24 Fast/Easy Breakfast Afternoon Rides Swancott NRLB ride	25 Moderate Mortals @5	26 Madison Stadium Crit Intergraph 530 Arsenal Ride 530	27 Midweek Mortals @5	28 Alternate Thurs 515 Williams School 530 Arsenal Ride 530	29	30 Spirit of America (\$) RAM Ride

### Standing Rides

**Sunday Fast Breakfast Ride - 8:00am.** 43 miles, 17-19 mph pace (Sometimes Harder. Sometimes Not). Starts at Mullin's Restaurant. *Ride Contact:* Morgan Andriulli 536-7190, [jamorgan10@comcast.net](mailto:jamorgan10@comcast.net)

**Sunday Easy Breakfast Ride - 9:00am.** 18/10 miles to Mullins Restaurant and back. Post-breakfast Monte Sano option. Grissom High School (Qdoba - Airport & Whitesburg) *Ride Contact:* Anita Tygart 426-3646 or [anitea@msn.com](mailto:anitea@msn.com)

**Sunday Afternoon Ride - 1:00 pm.** 40 miles (32/22 options). 18-22 mph. Williams Elem. off Zierdt Rd. *Ride Contact:* Don Wallace, 859-3019, [w Wallace@mae.uah.edu](mailto:w Wallace@mae.uah.edu)

**Sunday Afternoon Reasonable Recovery Ride - 1:00pm.** 30 odd miles, 16-17 pace. Ken Johnson Park, Mtn. Gap Rd west of Publix. *Ride contacts:* Tom Greer, 655-0121, Dan Kruvand, 880-9347

**Sunday Afternoon No Rider Left Behind Ride - 1:30 PM** 25+ miles. These are **No Rider Left Behind** rides. Moderately paced. Each is a different route, so check the calendar for place and ride leader info. One is a Saturday, this month, as well.

**Moderate Monday Ride for Mortals - 5pm.** Leaves from JIT Building, 165 Electronics Blvd. 20 miles, no rider left behind. *Ride Contact:* Amelia Baldwin, 520-9494, [Amelia.baldwin@uah.edu](mailto:Amelia.baldwin@uah.edu)

**Tuesday Night Criteriums.** 6pm. Varies from Joe Davis Stadium and Madison Stadium (see calendar above). Contact Heath Goebel [heath.goebel@ngc.com](mailto:heath.goebel@ngc.com)

**Tuesday Arsenal Ride - 5:30 pm,** 22 miles, fast & slow groups. Starts at Building 5400 south parking lot (badge, government ID or escort required). *Ride Contact:* Don Lovelace, 539-9008, [lovelaced@msn.com](mailto:lovelaced@msn.com)

**Tuesday Intergraph Ride - 5:30 pm,** working up to 32-36 miles but shorter for first few weeks. Wellness Center parking lot. Various groups and paces, mostly 16-18 pace. *Ride contact:* Dean Della Pella 730-3679 [dean@dellapella.name](mailto:dean@dellapella.name)

**Moderate Wednesday Ride for Mortals - 5pm.** JIT Building, 165 Electronics Blvd. 20 miles, no rider left behind. *Ride Contact:* Amelia Baldwin, 520-9494, [Amelia.baldwin@uah.edu](mailto:Amelia.baldwin@uah.edu)

**Thursday Arsenal Ride - 5:30 pm.** 22 miles, fast & slow groups. Starts at Building 5400 south parking lot (badge, government ID or escort required). *Ride Contact:* Don Lovelace, 539-9008, [lovelaced@msn.com](mailto:lovelaced@msn.com)

**Thursday Williams School - 5:30pm.** 25+ miles. Williams Elem. off Zierdt Rd. Slow and fast groups. *Ride contact:* Charles Feaux 881-8479 [cfeaux@comcast.net](mailto:cfeaux@comcast.net)

**Thursday Alternate Ride - 5:15p.m.** 22-26 miles, 12-16 mph. JIT, 165 Electronics Blvd. Show & go. *Ride contact:* Geanine Lehmann 655-6385 [gean31356@aol.com](mailto:gean31356@aol.com)

### Saturday/Sunday Rides

#### Saturday, June 2

**RAM Training Ride.** 20 miles, 9:30am, Greenbriar Restaurant. Leader: Mike Bayler, [mike@bayler.us](mailto:mike@bayler.us) 830-5956

**Courtland Picnic in the Park.** 40 & 55 miles, 8:30am, Courtland Public Library/Courtland, AL. Home-cooked lunch. Reservations only, places limited! Contact: Marjorie Holderer 256 883-9982 [mjholderer@knology.net](mailto:mjholderer@knology.net)

**Charity Begins at Sparkman Middle.** 34 miles, 9am Sparkman Middle School, mostly flat/rolling, 12-14 pace. 2 climbs at the end (or 29 miles w/o climbs) map/cue sheet. Leaders Steve/Claire Robinson [claire.robinson@knology.net](mailto:claire.robinson@knology.net) 489-1850.

#### Friday, June 8

**Greenbriar Time Trial.** 9mi-ish. 6:30pm. North of Greenbriar/Old Hwy 20 4way stop. Park at the Gin (NW corner). Contact: Amelia [amelia.baldwin@uah.edu](mailto:amelia.baldwin@uah.edu) 520-9494

#### Saturday, June 9

**RAM Training Ride.** 22 miles, 9:30am, New Hope ride - Hampton Cove Publix. Leader: Dan Kruvand 880-9347

**Bungalow Ride.** 85 miles, 17-19 pace, 7am, Creekside Elementary. Ride leader Jean Jasinczuk 772-7915, [jasincz@yahoo.com](mailto:jasincz@yahoo.com)

#### Sunday, June 10

**Katpaugh no-rider-left-behind Ride,** 33miles, 130pm, Sparkman High, rolling with one or two short climbs. Leader: Sharon Bayler [sharon@bayler.us](mailto:sharon@bayler.us) 653-9244

#### Monday, June 11

**Test Week Ride** with Dr. Foulkes and Dr. McCorkle (Beltway and local VIPs). 32 miles. 9am Hampton Cove golf course. Contact: Jamie [jamorgan10@comcast.net](mailto:jamorgan10@comcast.net)

#### Saturday, June 16

**RAM Training Ride.** 24 miles, 9:30. Tour de Northeast - Central School/Ryland Pike. Leader: Ray Mulcahy 852-3177

**Tour de Coves.** 52 miles, 8:30 Madison Co. High. 16-18 pace, rolling hills, beautiful coves but no steep climbs. Leader: Ernie Thomas, 776-3756, [ernie.thomas@tbe.com](mailto:ernie.thomas@tbe.com)

**Tricia's no rider left behind Ride.** 25-30 miles, 9am, Cove Park (Hampton Cove Ballfields). Ride Leader: Tricia Hart 656-6692 [luvmyride2006@yahoo.com](mailto:luvmyride2006@yahoo.com)

#### Saturday, June 23

**Cherry Tree Ride.** 30 miles, 8am, Hampton Cove Publix, 12-15mph. Optional BBQ lunch afterwards. Leader: Ned Audeh at 881-9596.

**RAM Training Ride.** 29 miles, 9:30. Madison-Mooresville Ride - Madison Gazebo. Leader: Don Watt 722-4348

**Harpeth River Ride.** 22, 42, 62 and 100 miles. Supported (\$30). 730am Franklin, TN. Info&Reg: <http://www.harpethbikeclub.com/Rides/CenturyRide/Century.aspx>

**Coldwater 60.** 60 miles, 7:30am, Sparkman Middle School. 16-18 pace. Maps provided. Ride leader: Mike Moran 852-7412 [aussie303202@yahoo.com](mailto:aussie303202@yahoo.com)

#### Sunday June 24

**Swancott no rider left behind Ride.** 40 miles, 1:30pm Swancott store. Ride leader: Amelia 520-9494 [amelia.baldwin@uah.edu](mailto:amelia.baldwin@uah.edu)

#### Saturday, June 30

**Spirit of America Ride.** 30, 62 and 100 miles. Supported (\$25). 7am Adventure Park on the Bellline, Decatur. Info&Reg: <http://www.gandysbikes.net/saam.html>

**RAM Training Ride.** 33 miles, 9:30. Cherry Tree Loop - Hampton Cove Publix. Leader: Ed Bernstein 534-6547

### SCCC GENERAL MEETING

Monday, June 11 -  
 Program:

### Spring City Cycling Club Rides Policy

All rides are free and open to the public. Helmets are mandatory. Choose a ride appropriate to your ability. Properly maintained equipment is highly recommended. Want to lead a ride? Email [Amelia.Baldwin@uah.edu](mailto:Amelia.Baldwin@uah.edu)



**SCCC Membership Application:** Required data is marked by an asterisk \*. Information will be published in a club directory. PLEASE DO NOT provide phone numbers if you do not want them published. You may also opt out of having your email address published (although we may need it so we can send you the newsletter).

\*NAME \_\_\_\_\_ PHONE (H) \_\_\_\_\_

\*ADDRESS \_\_\_\_\_ (W) \_\_\_\_\_

\*CITY \_\_\_\_\_ \*STATE \_\_\_\_\_ \*ZIP \_\_\_\_\_

\*E-MAIL \_\_\_\_\_  Do not publish my email address in the directory.

New Member  Renewal  I agree to receive the newsletter by E-mail only

Interest Group : Touring, Recreational Riding \_\_\_\_\_ Race Division \_\_\_\_\_

Check the option you desire. Mail this application with a check / money order made out to:  
Spring City Cycling Club / PO Box 2231 / Huntsville, AL 35804.

**2007 Membership (January – December):**

Individual \_\_\_\_\_ \$12.00 (email newsletter) \_\_\_\_\_ \$17.00 (USPS newsletter)

Family \_\_\_\_\_ \$15.00 (email newsletter) \_\_\_\_\_ \$20.00 (USPS Newsletter)

**TOTAL (Check Payable to SCCC):** \_\_\_\_\_

Release of Responsibility: The person signing this document certifies that he/she has examined the information on this release form and membership application and that all information is complete, true, and correct. For the sole consideration of being allowed to participate in Spring City Cycling Club (SCCC) activities, the undersigned hereby releases and forever discharges SCCC members, agents, officers, volunteers, personal representatives, their heirs, successors and all other persons, firms, and corporations liable or who might have claimed to be liable (all and each "Released Person") from any and all claims, demands, damages, actions, causes of action or suits of any kind and nature whatsoever, and particularly on account of all future injuries both to the person and property which may have resulted, or may in the future, develop from participation in or traveling to and from SCCC activities or SCCC sponsored events. I fully realize, acknowledge, and assume the risks of the hazardous nature and dangers of participating in any club activities, including by way of example and not limitation, the following: collisions with pedestrians, vehicles, other riders, and fixed or moving objects; safety hazards, equipment failure, inadequate safety equipment, and weather conditions; and the possibility of serious physical injury associated with cycling (each and all of which shall be referred to as 'Injury'). This release has been completely read by or to the undersigned and the terms hereof are fully understood and voluntarily accepted for the purpose of releasing each Released Person from any and all claims, disputed or otherwise on account of any injury.

**Participant's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**(Signature of Parent or Guardian, if under 19)** \_\_\_\_\_

