

# The *Spring Times*



**October 2006**

[www.springcity.org](http://www.springcity.org)

*Official publication of the Spring City Cycling Club  
Huntsville, AL – Founded 1892*

*Dedicated to providing “concerted plans and amusements for the bicyclist”*

## **Club Meeting Dates:**

### **Officer’s Meeting:**

Monday, October 2<sup>nd</sup>  
Bayler residence

### **General Meeting:**

Monday, October 9<sup>th</sup>  
7:00p.m. El Camino Real  
4116 University Drive

## **Welcome New Members!**

Amelia Baldwin  
Corey Cason  
Karl Sacket  
Ryan Tibbetts  
Vikki Trupin  
Michael Wright

## **President’s Ramble**

**Mike Bayler**

### **Thanks to Dan**

On behalf of the club I would like to extend our thanks to Dan Kruvand for another excellent century. Dan has organized successful centuries for the club for the last three years and deserves a great deal of gratitude.

If you enjoyed the century show Dan your appreciation by thanking him for the wonderful job he has done.

I know that Dan has indicated that this will be his last year of doing the century. Due to this the officers elected in December will be looking for a new century director to fill the large cycling shoes being vacated by Dan.

If you are interested in organizing next year’s century, please get with Dan so you can understand the process and workload and then get with the officers to let them know you are interested.

Elections will be held at the December general meeting. I know that some of this year’s officers are planning to vacate their positions, so the time is right to get some new blood into the officer group.

If you have the aptitude for leadership (or you are just one of those people who like to complain about how poorly other people do the job) please feel free to contact the officers and express your interest in a position. The officers will be able to tell you what duties are associated with the individual positions and help you find a position in which you can make a positive effect.

See you on the road.

## **Group Ride Safety and Skills Clinic**

Classroom instruction and on-the-road demonstration on proper group ride techniques by veteran SCCC racers Mike Steffen and Jack Bice. This clinic is for moderately fast recreational riders, strong novice riders as well as beginning racers. Topics will cover obstacle avoidance, surviving getting bumped, proper drafting, close quarters riding, pace-lining, cross-wind echelons and etiquette. This class is designed to build confidence and fluidity while riding with a group with the goal of improving the quality and safety of SCCC group rides. There is more to riding than just sitting on the front and hammering until meltdown. With so many new riders joining our ranks, classes like this serve to bring new riders up to speed on proper technique and conduct on our faster rides. Clinics like this usually cost money and are conducted by part-time USCF-trained coaches. This is an excellent opportunity to improve your riding experience at absolutely no cost.

### **Details: Group Ride Safety and Skills Clinic**

**Date:** Saturday, August 28

**Time:** 9 AM

**Location:** Hampton Cove Middle School , 261 Old Highway 431, Hampton Cove (Across road from Publix. Go east on Old 431 past Publix to first light. Turn into the drive and follow past fire station to Hampton Cove School . The Middle School is in the right wing of the building.

**What:** One-hour of classroom instruction followed by approximately two hours of on-the-road practice.

## AYCE Century a Huge Success

Dan Kruvad

Our 22nd annual All You Can Eat Century saw a big turnout, no doubt helped by the fine weather on Saturday, Sept 16th. We had a big turnout of 450 registered riders this year which might be a record. Michael Olheiser, the 2006 World Master's TT Champion, was in the pack at the 8AM starting line and received a nice round of applause from the assembled riders.

Positive comments were heard from several people on the route changes. We did have some problems with pranksters changing turn arrows. But Morgan, determined that his marking crew's good works would not be violated, armed all the SAG wagons and Rest Stop drivers with hi-vis orange paint to overwrite any wrongdoing. Only one rider reported in as getting seriously off course, having gone to Winchester TN, but he found his own way back. This is actually fewer people than normally get lost (assuming no one is still out there today).

Safety-wise, we did again have a crash that required an ambulance call when a rider overshot the left turn on the high-speed descent before Lexie Crossroads. The Bicycle Works SAG arrived on the scene quickly. Dave Edwards and his ham radio partner were both trained and able to administer first-aid while awaiting the ambulance. Two doctors riding the event also stopped their bikes to help. The battered rider was taken to SMTC in Winchester with road rash, cuts and a possible concussion. A couple of other riders arrived back at the finish with road rash capably treated by ham volunteer Kevin who is an RN.

Just want to name a few of the 50 some volunteers who made it all come off so well again this year. Big thanks to Morgan and crew for course marking, Ray and Carolyn for rest stop supplies, Michael for hauling tables, chairs and tents, and Ed and Paulette and helpers for registration duties. Trudi Prestridge and the Soccer Girls again did an excellent job of supporting us at the school.

SAGs were ably provided by Madison Cycles (Brian), Bicycles Etc (Brook), Bicycle Works (Dave Edwards) and Sam Russell. Troop 361 did a fine job at RS #1, Josh Whitehead and family at RS #2, Randy McFarland and HTC at #3, and Marjorie and crew for Alabike for the all-day service and tomato sandwiches at RS #4. The HARC (ham club) again provided great communications between the SAG vehicles, rest stops and the MCHS.

So, another All You Can Eat Century is in the record books. The weather, route, rest stops, SAG support and post-ride meal all worked to provide an enjoyable experience for the big turnout we enjoyed. It was a great one on all counts this year. Thanks again to all of you who either worked or rode the event for making it one of the best Century rides anywhere.



## Pictures from Clarksville Ride Laura Lockhart Schultz

I believe this was the first 100 mile century for myself, Mike Bayler, Michelle Harmon, and Don Watt. I believe Terri Mims also completed a 100+ mile ride independently on the same weekend by getting lost locally.



### Be Mazed Bike Ride – Sunday, October 29<sup>th</sup>

We love Halloween, so this year, we are offering a unique club ride. Join us at the Corn Maze at 2 PM for one of two social rides (either 25 or 40 miles).

Afterwards, take in the concession food (hamburgers, Polish hot dogs, or bring your own special picnic). For \$10 per adult (kids are cheaper), you get admission to the corn maze. It takes 30 minutes to do half the maze or up to 90 minutes to do the whole thing. **STAND FOREWARNED**, that this night the creepy corn maze will be haunted.

Contact Mike and Marjorie Holderer 883-9982  
[mjholderer@knology.net](mailto:mjholderer@knology.net)

#### Directions:

From Huntsville, AL, take I-565 East until it turns into Highway 72 East. Between the 107 and 108 mile marker on US Hwy 72 East, turn left onto Brownsboro Road. This is just past the BP Station and Jim Johnson Motor Sales.

<http://www.cornfieldmaze.com/sites.php?ID=&username=alhuntsville>

### Special Sunday Breakfast Ride Featuring Flavio's Feast

#### Sunday, October 8<sup>th</sup>

2 ride options – the regular, 43 mile Breakfast ride, or a longer, 60-ish mile version, both rides start from Mullins Restaurant at 8:00 AM.

Ride Contact: Morgan Andriulli 536-7190  
[morganandriulli@comcast.net](mailto:morganandriulli@comcast.net)

After the ride, Flavio is cooking his special Spaghetti Bolognese to celebrate his birthday.

Bring bread, or a vegetable or dessert dish to share. Gather at about 1:00 PM at the home of Morgan and Jamie, 1010 Humes Ave, 3 blocks off of Andrew Jackson.

Non riders welcome for the spaghetti Feast.  
Flavio's phone #: 508-5807

## Meeting Minutes

**Officers Meeting** – There was no meeting in September.

**General Meeting** - About 30 people attended the meeting. The club presented Mike Olheiser with a certificate of appreciation for all of his achievements. Dan Kruvand reported that over 200 people were pre-registered for the AYCE Century. Rides Captain Sharon Bayler is looking for people to lead shorter rides. The Mulcaheys were the leaders of the litter patrol. The widening of Old Madison Pike was discussed and Morgan announced a group riding skills clinic in October.

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### Wanted

I need a used 58-59cm road bike w/ 105 or ultegra components and I am also looking for a nearly new large dual suspension mountain bike w/ LX/XT or equivalent SRAM components. Please call Jonathan Wilson 256-882-4720 or e-mail [jonathan.wilson@sanmina-sci.com](mailto:jonathan.wilson@sanmina-sci.com)

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### Upcoming Events

Saturday, October 7<sup>th</sup> - **Leaves of Lincoln Century**, Fayetteville, TN. 100, 62, 30 and 15 mile ride options.

<http://www.leavesoflincoln.com/>

Saturday, October 14<sup>th</sup> - **Tour de Pig Metric Ride** – Metric Century, benefits Limestone County Two Wheel Tour.

[http://www.springcity.org/century/Tour\\_de\\_Pig2006.pdf](http://www.springcity.org/century/Tour_de_Pig2006.pdf)

**Muscle Shoals Music City Fest Bicycle Tour** – benefits Shoals Optimist Club. 63 and 37 mile options, for more info call 627-9578 or 383-0243.

**KidOne Wheelin' & Healin' Cycling Challenge** – See

[http://www.active.com/event\\_detail.cfm?event\\_id=1347269](http://www.active.com/event_detail.cfm?event_id=1347269)

October 21<sup>st</sup> & 22<sup>nd</sup> - **Fall Campout at Joyce Kilmer** – Joyce Kilmer Memorial Forest in North Carolina. It's a car camping outing with opportunities to look at the fall colors, wade in a nearby stream, fish, hike, see some of the oldest and biggest trees in the Southeast, and last but not least, cycle a very challenging 65 mile course. If you don't have camping gear, club members may have extra to lend. Well filled coolers mandatory. Contact Charlie Feaux, 881-8479, [cfeaux@comcast.net](mailto:cfeaux@comcast.net)

Saturday, October 21<sup>st</sup> – **West Florida Wheelmen 9th Annual Fenner McConnell-Matt Wantz Blackwater Heritage Century** – Randy Bullock (850)429-2008 – see <http://www.wfw-pensacola.com/> The thing that makes our ride **special** is the food, catered by an outfit called *Big Sexy Food*. This year we will have grilled pork tenderloin, green beans, fresh bread and tomato basil pasta. Plus: homemade desserts! Highly Recommended!

### Treasurer's Report Ed Bernstein

#### Income Statement for the Period 8/1/06 - 8/31/06

<b>Beginning Balance</b>	<b>\$4248.83</b>
<b>Income</b>	
Membership	108.50
Century Registration	865.00
Century T-Shirt Sales	<u>400.00</u>
<b>TOTAL Income</b>	<b>\$1373.50</b>
<b>Expense</b>	
QQP – Rides Atlas	262.79
QQP – Newsletter (August)	37.79
Dan Kruvand – Rental of Hurricane Community Ctr	50.00
HARC – Fee for Radio Support for Century	150.00
Postmaster – Postage	<u>55.50</u>
<b>TOTAL Expense 8/1/06 - 8/31/06</b>	<b>\$556.08</b>
<b>Ending Balance 8/31/06</b>	<b>\$5066.25</b>

There are 213 memberships as of 9/18/2006

  
**MADISONCYCLES**

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Kestrel & Felt Bicycles  
Summer Clothing New Stuff  
Mavic Wheels Vittoria Tires  
**461-9963**

See What's New at Our New Store

— 8760 Madison Blvd. —

[www.madisoncycles.com](http://www.madisoncycles.com)  
[steve@madisoncycles.com](mailto:steve@madisoncycles.com)

Rides Captain: Sharon Bayler

Phone: 830-5956

E-mail: [sharon@bayler.us](mailto:sharon@bayler.us)

**Spring City Cycling Club**  
**October 2006 Rides Calendar**  
[www.springcity.org](http://www.springcity.org)

Recurring Rides				
Date/Time	Miles	Ride Leader	Ride Name/Starting Point	Ride Comments
Sunday 8:00 am	43	Morgan Andriulli 536-7190 <a href="mailto:jamorgan10@comcast.net">jamorgan10@comcast.net</a>	Fast Breakfast Ride/ Mullins Restaurant	17-19 mph pace, sometimes harder, sometimes not.
Sunday 9:00(9:15) am	18 (10)	Willy Albanes 883-0685 <a href="mailto:albanes@att.net">albanes@att.net</a>	E-Z Breakfast Ride/ Grissom H.S.(Winn Dixie)	To Mullins Restaurant and back, at a social pace. Mostly on marathon route. Post breakfast Monte Sano option
Sunday 2 p.m.	30	Tom Greer 655-0121 Dan Kruvand 880-9347	Sunday Recovery Ride/ Johnson Park On Mt. Gap Road	16-17 pace
Sunday 1:00 pm	40	Don Wallace 859-3019 <a href="mailto:w Wallace@mae.uah.edu">w Wallace@mae.uah.edu</a>	Sunday Afternoon Ride/ Williams Elem. School	32 & 22 mile options 18 to 20 pace, sometimes harder!
Tuesday 5:30 pm	28	Don Lovelace 539-9008 <a href="mailto:lovelaced@msn.com">lovelaced@msn.com</a>	Tuesday Arsenal Ride/ Bldg. 5400 south parking lot	13 & 21 mi. options, 17-19 pace. Badge, Government ID or escort required, fast and slow groups, pre-arrange for slower pace; bring lights
Tuesday 5:30 pm	32-38	Dean Della Pella 730-3679 <a href="mailto:dean.della.pella@intergraph.com">dean.della.pella@intergraph.com</a>	Tuesday Intergraph Ride/ Wellness Center parking lot	Will resume in April
Thursday 5:15 p.m.	22-26	Geanine Lehmann 655-6385 <a href="mailto:gean31356@aol.com">gean31356@aol.com</a>	Thursday Alternate Ride/	Will resume in April
Thursday 5:30 pm	28	Don Lovelace 539-9008 <a href="mailto:lovelaced@msn.com">lovelaced@msn.com</a>	Thursday Arsenal Ride/ Bldg. 5400 south parking lot	13 & 21 mi. options, 17-19 pace. Badge, Government ID or escort required, fast and slow groups, pre-arrange for slower pace; bring lights
Thursday 5:30 p.m.	25 or More	Charles Feaux 881-8479 <a href="mailto:cfeaux@comcast.net">cfeaux@comcast.net</a>	Thursday Williams Elem. Ride/ Williams Elem. on Zierdt Rd	Will resume in April
October Rides				
Oct 7 <sup>th</sup> 9:00 a.m.	65	Jeannie Mackay 503-1939 <a href="mailto:jeannie.mackay@yahoo.com">jeannie.mackay@yahoo.com</a>	South of the River 65/ Union Hill School	go south on Memorial Pkwy, go 5.6 mi after bridge. Look Apple Grove Rd on the right, turn right. Go 2.6 miles until you come to Union Hill Rd, turn right & Union Hill school should be on your left; triple chaining recommended
Oct 7 <sup>th</sup> 9:30 a.m.	31/ 26	Claire & Steve Robinson 489-1850 <a href="mailto:claire.robinson@knology.net">claire.robinson@knology.net</a>	Lick Skillet Ride/ Sparkman Middle School (directions on website)	31 miles of flat to rolling with 2 climbs at end or 26 miles without the climbs. 13-15mph pace. Map and cue sheet provided. Optional lunch after.
Oct 8 <sup>th</sup> 9:00 & 9:30	60/ 40	POC:Sharon Bayler 653-9244 <a href="mailto:sharon@bayler.us">sharon@bayler.us</a>	60 & 40 mile Coldwater/ Sparkman Middle School	60 mi. starts at 9:00 and the 40 mi. starts at 9:30
Oct 14 <sup>th</sup> 9:00 a.m.	33	Matt Bucca & Ned Audeh 881-9596 <a href="mailto:audeh@ece.uah.edu">audeh@ece.uah.edu</a>	Cherry Tree Loop/ Publix in Hampton Cove	12-14 pace; options for lunch after ride
Oct 21 <sup>st</sup> 9:00 a.m.	40	Mike Bayler 653-9902 <a href="mailto:mike@bayler.us">mike@bayler.us</a>	Mike's Greenbrier Ride/ Old Greenbrier Restaurant	14-16 pace; restaurant at intersection of Old Hwy. 20 and Greenbrier Roads
Oct 21 <sup>st</sup> 8:30 a.m.	68	Sharon Bayler 653-9244 <a href="mailto:sharon@bayler.us">sharon@bayler.us</a>	Mark's Hytop Loop/ Paint Rock Valley H.S.	Climb of 6%-8% now at beginning; rest is rolling & beautiful
Oct. 29 <sup>th</sup> 8 a.m.	~75	Josh Whitehead 426-4311	Goshen "Spooky" Hollow Ride/ Woodville High School	3 major climbs-Nat Mtn., Crow Mtn, and Peter Gold Pt. (w/ three minor climbs), 2 rest stops. Carbon wheels & tubulars are discouraged due to rough roads. Bring cash for the 2nd rest stop no credit cards Costumes encouraged!

\*\*\*\*\* Please be sure to check club website prior to ride for any changes made \*\*\*\*\*

**All rides free and open to the public. Helmets mandatory.**

**Choose a ride appropriate to your ability. Properly maintained equipment highly recommended.**

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Deadline for the October newsletter is Sunday, **October 15<sup>th</sup>**. Please send submissions to Rachel Marshall at:  
[kdsomom2004@yahoo.com](mailto:kdsomom2004@yahoo.com). Members are asked to submit articles, pictures or just about anything they may find humorous  
or cycling related. You may also run free bike-related classified (non-commercial) ads. For updated ride and club  
information, please visit the club website at: [www.springcity.org](http://www.springcity.org)

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**Moved? Changed email address? Please send change of address to:**

SCCC Treasurer

PO Box 2231

Huntsville, AL 35801

[sccctreasurer@knology.net](mailto:sccctreasurer@knology.net)

**SCCC Membership Application:** Required data is marked by an asterisk \*. Information will be published in a club directory. PLEASE DO NOT provide phone numbers if you do not want them published. You may also opt out of having your email address published (although we may use it so we can send you the newsletter).

\*NAME \_\_\_\_\_ PHONE (H) \_\_\_\_\_

\*ADDRESS \_\_\_\_\_ (W) \_\_\_\_\_

\*CITY \_\_\_\_\_ \*STATE \_\_\_\_\_ \*ZIP \_\_\_\_\_

\*E-MAIL \_\_\_\_\_  *Do not publish my email address in the directory.*  
 New Member  Renewal  *I agree to receive the newsletter by E-mail only*

Interest Group : Touring, Recreational Riding \_\_\_\_\_ Race Division \_\_\_\_\_

Check the option you desire. Mail this application with a check / money order made out to:

**Spring City Cycling Club / PO Box 2231 / Huntsville, AL 35804.**

**2007 Membership (January – December):**

Individual \_\_\_\_\_ \$12.00 (email newsletter) \_\_\_\_\_ \$17.00 (USPS newsletter)

Family \_\_\_\_\_ \$15.00 (email newsletter) \_\_\_\_\_ \$20.00 (USPS Newsletter)

**TOTAL (Check Payable to SCCC):** \_\_\_\_\_

**Release of Responsibility:** The person signing this document certifies that he/she has examined the information on this release form and membership application and that all information is complete, true, and correct. For the sole consideration of being allowed to participate in Spring City Cycling Club (SCCC) activities, the undersigned hereby releases and forever discharges SCCC members, agents, officers, volunteers, personal representatives, their heirs, successors and all other persons, firms, and corporations liable or who might have claimed to be liable (all and each "Released Person") from any and all claims, demands, damages, actions, causes of action or suits of any kind and nature whatsoever, and particularly on account of all future injuries both to the person and property which may have resulted, or may in the future, develop from participation in or traveling to and from SCCC activities or SCCC sponsored events. I fully realize, acknowledge, and assume the risks of the hazardous nature and dangers of participating in any club activities, including by way of example and not limitation, the following: collisions with pedestrians, vehicles, other riders, and fixed or moving objects; safety hazards, equipment failure, inadequate safety equipment, and weather conditions; and the possibility of serious physical injury associated with cycling (each and all of which shall be referred to as 'Injury'). This release has been completely read by or to the undersigned and the terms hereof are fully understood and voluntarily accepted for the purpose of releasing each Released Person from any and all claims, disputed or otherwise on account of any injury.

Participant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Signature of Parent or Guardian, if under 19) \_\_\_\_\_

SPRING CITY CYCLING CLUB  
PO Box 2231 Huntsville AL 35804  
www.springcity.org

