

The *Spring Times*



June 2006

www.springcity.org

*Official publication of the Spring City Cycling Club
Huntsville, AL – Founded 1892*

Dedicated to providing “concerted plans and amusements for the bicyclist”

Club Meeting Dates:

Officer’s Meeting:
Monday, June 5th

General Meeting:
Monday, June 12th
7:00p.m. El Camino Real
4116 University Drive

President’s Ramble **Mike Bayler**

Personal Accountability

Through a few incidents I’ve witnessed over the last few months I’ve started thinking some about personal accountability. This idea seemed to be something I wanted to stress to new riders as I’ve started the RAM series. By personal accountability I’m talking about the fact that none of us should depend on guidance from others to ensure our safety on the road.

A few months ago I saw two near accidents within a single week. It got me to thinking about how we depend on others for direction and sometimes blindly follow them into situations that warrant more consideration on our part.

Welcome New Members!

Carl Anderson
Scott Payer
R. Foster Perry III
Dorothy Saving
Kathryn Shelton
Andy Young

The first occurred on one of our after-work rides as three riders were preparing to make a left turn across a four lane highway. This necessitated the riders moving from the rightmost traffic lane of into the turn lane. As these riders neared the turn lane, one of them darted across the road into the turn lane. The other two seemed to be moving a bit more lackadaisically to get into the turn lane. About this time a truck pulling a lawn service trailer came upon them and fortunately was able to stop before running over the third rider from the rear.

On the following Saturday ride another incident occurred on a rural highway in Tennessee. The group was riding down the highway looking for a road on the left. About the time the front of the group reached the side road I was able to see the road sign and identify this as our turn. As I yelled out “Left Turn!” one of the riders decided to make the left turn without looking. Fortunately the two cars that were in the process of passing our group were able to get stopped before hitting this person and the worst that came of the incident was a racing heart for the person turning and some slight road rash and a cut sidewall for some of those distracted by the unfolding event. Everyone on the ride agreed that we were very fortunate that no one received a sag ride from an ambulance that day.

June Meeting Program

Andy Brown’s trip to the
California Wine Country

I’m sure that others have witnessed similar incidents and realized that they were fortunate to have not been involved. Those who were involved will hopefully count themselves lucky that they escaped with minor or no damage. The key thing that I would like to stress is that no one should put blind trust in what others say -- or what they thought they heard others say.

Each person needs to be responsible for their own actions and safety by consciously making the decisions that will allow them to keep riding. If someone yells “Clear!” when approaching an intersection take the time to look for yourself and make your own determination. The life you save could be your own.

Limestone County Parks & Recreation

Two Wheel Trail

Donation Form

The Two Wheel Trail (2WT) is currently a proposal to create a marked paved route of approximately 163 miles connecting Athens, Elkmont, Ardmore and rural Limestone County. Use of the trail is intended for cyclists, motorcyclists, wellness/fitness organizations, clubs and charitable organizations. This Trail is being built to promote the quality of life of our local residents including health and fitness and promote tourism to Limestone County as a destination.

Grant monies totaling \$470,000 from federal and local governments are in place. To receive these monies, an additional \$30,000 must be raised from other sources to pay for engineering and design services. Your donation will count toward this \$30,000 to secure the additional grant monies to make this Trail a reality. Your donation is tax deductible as Limestone County Parks & Recreation is a 501c3 organization.

Additional information may be obtained by contacting Carl Hunt, Board Member, of Limestone County Parks & Recreation. Telephone – 256 230.2121 Email – Chunt10013@hotmail.com

Please make checks payable to: Limestone County Parks & Recreation
Post Office Box 945
Athens, Alabama 35612

Donation Amount: \$ _____

Please cut at the dotted line above and return this form with your tax deductible donation.

Yes, I want to help make the Two Wheel Trail a reality. Enclosed is my donation.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Please make check payable to: Limestone County Parks & Recreation

Please mail your donation to: Limestone County Parks & Recreation
Post Office Box 945
Athens, Alabama 35612

For Office Use Only:

Donation Amount: \$ _____

Date Received: _____

A Bicycle, Really?

Shirley Feaux



One thing that is exciting at the Arizona desert training camp is the variety of bicycles that we see and in this case, Charlie even tried to ride. When I say tried, I mean tried, because he was never even able to get it going. About the best he could do was fall time after time. When the bike is only 6 inches from the ground, the fall is only 6 inches down. That short distance did not mean that Charles did not skin his elbow and that of several riders who tried to push him off to begin the ill fated ride. Some of them also tripped and fell. This mayhem occurred in the parking lot of our hotel in Gila Bend Arizona. The dangerous machine was owned by Barbara Prendergast of West Dundee, Illinois. She completed the entire 500 mile week on the bike we called The Cockroach.

A Bit From Adventure Cycling...

HOW-TO YOU DO?

At the How-To Department of Adventure Cycling Association's website you can learn all kinds of neat stuff, such as how to: box your bicycle for transport, choose a ride for off-pavement bikepacking, pick a pair of fenders to keep your clothes clean and dry, and plan a tour that'll be a safe and pleasant experience for all involved. And that barely scratches the surface. How to get there? Click here:

<http://adventurecycling.org/features/howto.cfm>

BIKECENTENNIAL BIRTHDAY BASHES

If you were involved thirty years ago when Adventure Cycling Association got going, you know it was originally known as Bikecentennial. Well, the organization may have a different name today, the hair may be shorter (or even gone), and the music might more likely be Coldplay than Alice Cooper, but the spirit of 1976 endures. Adventure Cycling's 30th Birthday Bashes will be deliciously catered gatherings, where you will meet friends, old and new, who share your passion for an adventurous life on two wheels. Each bash meets up with an existing Adventure Cycling ride, so you'll get to mingle with folks who are living the dream. The wheres are: Brunswick, Maryland; Seattle, Washington; Missoula, Montana; and Boulder, Colorado. Visit this link to learn more about the whens, whats, and whos:

<http://adventurecycling.org/30thbirthdaybashes>

BIKE BITS IS THE REAL THING

There's nothing virtual about Bike Bits, the twice-monthly, FREE e-newsletter from Adventure Cycling Association, America's premier nonprofit organization dedicated to bicycle travel. Each issue of Bike Bits includes seven or eight mini-stories covering just about anything and everything of interest to recreational cyclists: upcoming events, industry news, advocacy issues, ambitious tours people are taking, quirky bike stories...you name it. Bike Bits arrives in text-only format for quick downloads and includes links leading to "the rest of the story" (as our radio friend Paul Harvey would say). To join the more than 20,000 cyclists already receiving Bike Bits, click on this link and then follow the directions:

<http://www.adventurecycling.org/bikebits/index.cfm>



Lights Helmets Hydration
Kestrel & Felt Bicycles
Summer Clothing New Stuff
Mavic Wheels Vittoria Tires
461-9963

See What's New at Our New Store
— 8760 Madison Blvd. —
www.madisoncycles.com
steve@madisoncycles.com

Treasurer's Report Ed Bernstein

Income Statement for the Period 4/1/06 - 4/30/06

Beginning Balance	\$ 6,702.41
Income	
Membership	\$229.00
TOTAL Income	\$229.00
Expense	
Alabike Donation	\$200.00
Charlie Feaux-Joyce Kilmer Fees	\$320.00
El Camino Real-Meal for Presenter	\$8.68
Kathy Lane-St.Patrick's Day Party	\$39.04
Marge Holderer-Litter Pickup Incentive	\$100.00
Morgan Andriulli-St. Patrick's Day Party	\$57.00
Postage	\$45.96
QQP-Atlas Printing	\$175.20
QQP-RAM Posters	\$10.53
TOTAL Expense 4/1/06 - 4/30/06	\$956.41
Ending Balance 4/30/06	\$ 5746.00

There are 172 memberships as of 5/12/2006

Meeting Minutes Leah Tracy

Officers Meeting

Mike Bayler suggested support for the Limestone Two Wheel tour by passing the hat at a Memorial Day ride from Athens High School Stadium. Corporate sponsorship levels were discussed and will be addressed in the future. The final transition to Yahoo Groups was discussed and the termination of the Topica Lists will happen soon.

General Meeting

Mike Bayler conducted the meeting with about 25 people in attendance. The club now has approximately 150 members and remains solvent. Ride leaders for June were requested. At least 86 riders were registered for the Four Hills Century. Marjorie led another litter patrol at the top of Cecil B. Ashburn. Five people volunteered and 10 bags were collected. The Topica list was reported to be shutting down. The June meeting will include a presentation from Andy on his Napa Valley tour.

Dave's Safety Tip

The second rule of intersection positioning is when in a lane going more than one direction (i.e. left & straight), use the third of the lane going to your destination.

For more information on how to cycle better, take an upcoming Bike Ed class:

Road 1 – Saturday, June 10th, 8 to 5 pm

Registration details and course descriptions can be found on my website:

www.knology.net/~BikeEdHSV/courses.htm

*****For Sale*****

Performance Xport hitch mounted fork rack. For 2" receiver hitch, holds two bikes via fork mount, \$100. Call Davy at 864-8183.

2005 Litespeed Tuscany 53 cm., Ultegra triple 12/27, Supersonic 40 wheelset, Rubino Pro Slick tires. Real Design C.F. fork, C.F. seat post. (Real Design is Litespeed's own brand). Extra braze-on's for a lite touring rack. Computer with cadence and two water bottle cages.

The MSRP is \$4,000.00+ the way the bike is equipped.
Sale price \$2,800.00. Call Esco at (256) 565-8151 (cell).

Rides Captain: Sharon Bayler

Phone: 830-5956

E-mail: sharon@bayler.us

Spring City Cycling Club

June 2006 Rides Calendar

www.springcity.org

Recurring Rides				
Date/Time	Miles	Ride Leader	Ride Name/Starting Point	Ride Comments
Sunday 8:00 am	43	Morgan Andriulli 536-7190 jamorgan10@comcast.net	Fast Breakfast Ride/ Mullins Restaurant	17-19 mph pace, sometimes harder, sometimes not.
Sunday 9:00(9:15) am	18 (10)	Willy Albanes 883-0685 albanes@att.net	E-Z Breakfast Ride/ Grissom H.S.(Winn Dixie)	To Mullins Restaurant and back, at a social pace. Mostly on marathon route. Post breakfast Monte Sano option
Sunday 2 p.m.	30	Tom Greer 655-0121 Dan Kruvand 880-9347	Sunday Recovery Ride/ Johnson Park On Mt. Gap Road	16-17 pace
Sunday 1:00 pm	40	Don Wallace 859-3019 wallace@mac.uah.edu	Sunday Afternoon Ride/ Williams Elem. School	32 & 22 mile options 18 to 20 pace, sometimes harder!
Tuesday 5:30 pm	28	Don Lovelace 539-9008 lovelaced@msn.com	Tuesday Arsenal Ride/ Bldg. 5400 south parking lot	13 & 21 mi. options, 17-19 pace. Badge, Government ID or escort required, fast and slow groups, pre-arrange for slower pace
Tuesday 5:30 pm	32-38	Dean Della Pella 730-3679 dean.della.pella@intergraph.com	Tuesday Intergraph Ride/ Wellness Center parking lot	Various groups and paces, mostly 16-18 pace
Thursday 5:15 p.m.	22-26	Geanine Lehmann 655-6385 gean31356@aol.com	Thursday Alternate Ride/	JIT Services at 125 Electronics Blvd.; show and Go, Usually relaxed pace, 12-16 mph
Thursday 5:30 pm	28	Don Lovelace 539-9008 lovelaced@msn.com	Thursday Arsenal Ride/ Bldg. 5400 south parking lot	13 & 21 mi. options, 17-19 pace. Badge, Government ID or escort required, fast and slow groups, pre-arrange for slower pace
Thursday 5:30 p.m.	25 or More	Charles Feaux 881-8479 cfeaux@comcast.net	Thursday Williams Elem. Ride/ Williams Elem. on Zierdt road	Slow and fast groups; usually fast
June Rides				
June 3 rd 8:00 a.m.	62	Jeannie McKay 824-6159 mackayj@uah.edu	New Hope-Gurley Ride/ Publix in Hampton Cove	17-19 pace; rolling terrain; a pleasant classic from the rides atlas
June 3 rd 8:30 a.m.	24/30	Dawn Creed 883-0685 cyclist67@hotmail.com	Dawn's Birthday Ride/ Central School on Ryland Pike	13-16 pace; no rider left behind; lunch at Ol' Hickory BBQ afterwards. BYOB as Ol' Hickory doesn't serve beer
June 3 rd 9:30 a.m.	20	Mike Bayler 830-5956 mike@bayler.us	RAM Ride-Greenbrier Ride/ Greenbrier Restaurant	Restaurant is at intersection of Greenbrier Road and Old Hwy 20, by the gin
June 10 th 7:00 a.m.	85	Jean Jasinczuk 772-7915 jjasincz@yahoo.com	Bungalow Ride/ Creeside Elementary	
June 10 th 8:30 a.m.	45	Mike Bayler 830-5956 mike@bayler.us	Sparkman Mystery Ride/ Sparkman High School	14-16 pace; mostly flat terrain, couple of small climbs
June 10 th 9:30 a.m.	22	Laura Schultz 882-3844	RAM Ride-New Hope Ride/ Publix in Hampton Cove	
June 17 th 8:30 a.m.	52	Ernie Thomas 776-3756 ernie.thomas@tbe.com	Tour de Coves/ Madison County High School	16-18 pace; rolling hills but no steep climbs, showcases some of Madison County's beautiful coves
June 17 th 9:30 a.m.	24	Jelly Girl Keri Fletcher 468-2608	RAM Ride-Tour de Northeast/ Central School on Ryland Pike	
June 18 th 9:30 a.m.	50+	Rebecca Mauldin 519-2455 bec.rays@yahoo.com	Becca's Hammered Glass Ride/ Stained Glass Studio in 5 points	14-17 pace; ride to Gurley & back; due to ride's nature, please eat right for breakfast & keep hydrated. There are lots of rest stops all along ride
June 24 th		www.harpethbikeclub.com/Rides/ CenturyRide/Century.aspx	Harpeth River Ride/ Franklin, TN	Supported Ride, \$30 fee for pre-registration by June 21. 22, 62 and 100 mile options
June 24 th 8:00 a.m.	62	Jamie Miernik 536-7190 jamorgan@comcast.net	Scottsboro Ice Cream Ride/ Publix in Hampton Cove	17-19 pace; flat to gently rolling to Scottsboro and back. Unclaimed Baggage optional
June 24 th 9:30 a.m.	29	Geanine Lehmann 864-2591	RAM Ride-Madison Mooresville Ride/ Madison Gazebo	
July 1 st		www.gandybikes.net/weekly.html	Spirit of America 6 th Annual Ride/ Adventure Park in Decatur, AL	Supported Ride, \$25 fee. 30, 62 & 100 mile options
July 1 st 9:30 a.m.	33	Ed Bernstein 534-6547	RAM Ride-Cherry Tree Loop/ Publix in Hampton Cove	

**All rides free and open to the public. Helmets mandatory. Choose a ride appropriate to your ability.
Properly maintained equipment highly recommended.**

Deadline for the June newsletter is Thursday, **June 15th**. Please send submissions to Rachel Marshall at:
kdsmom2004@yahoo.com. Members are asked to submit articles, pictures or just about whatever they may find humorous or
cycling related. You may also run free bike-related classified (non-commercial) ads. For updated ride and club information, please
visit the club website at: www.springcity.org

Membership Application: Required data is marked by an asterisk *. Information will be published in a club directory. PLEASE DO NOT provide phone numbers if you do not want them published. You may also opt out of having your email address published (although we may need you to supply it so we can send you the newsletter).

*NAME _____ PHONE (H) _____

*ADDRESS _____ (W) _____

*CITY _____ *STATE _____ *ZIP _____

*E-MAIL _____ Do not publish my email address in the directory.

New Member Renewal I agree to receive the newsletter by E-mail only

Interest Group : Touring, Recreational Riding _____ Race Division _____

Check the option you desire. Mail this application with a check / money order made out to:

Spring City Cycling Club / PO Box 2231 / Huntsville, AL 35804.

2006 Membership (January – December):

Individual _____ \$12.00 (email newsletter) _____ \$17.00 (USPS newsletter)

Family _____ \$15.00 (email newsletter) _____ \$20.00 (USPS Newsletter)

TOTAL (Check Payable to SCCC): _____

Release of Responsibility: The person signing this document certifies that he/she has examined the information on this release form and membership application and that all information is complete, true, and correct. For the sole consideration of being allowed to participate in Spring City Cycling Club (SCCC) activities, the undersigned hereby releases and forever discharges SCCC members, agents, officers, volunteers, personal representatives, their heirs, successors and all other persons, firms, and corporations liable or who might have claimed to be liable (all and each "Released Person") from any and all claims, demands, damages, actions, causes of action or suits of any kind and nature whatsoever, and particularly on account of all future injuries both to the person and property which may have resulted, or may in the future, develop from participation in or traveling to and from SCCC activities or SCCC sponsored events. I fully realize, acknowledge, and assume the risks of the hazardous nature and dangers of participating in any club activities, including by way of example and not limitation, the following: collisions with pedestrians, vehicles, other riders, and fixed or moving objects; safety hazards, equipment failure, inadequate safety equipment, and weather conditions; and the possibility of serious physical injury associated with cycling (each and all of which shall be referred to as 'Injury'). This release has been completely read by or to the undersigned and the terms hereof are fully understood and voluntarily accepted for the purpose of releasing each Released Person from any and all claims, disputed or otherwise on account of any injury.

Participant's Signature: _____ **Date:** _____

(Signature of Parent or Guardian, if under 19) _____

