

The *Spring Times*



May 2006

www.springcity.org

*Official publication of the Spring City Cycling Club
Huntsville, AL – Founded 1892*

Dedicated to providing “concerted plans and amusements for the bicyclist”

Club Meeting Dates:

Officer’s Meeting:

Monday, May 1st

General Meeting:

Monday, May 8th

7:00p.m. El Camino Real
4116 University Drive

Welcome New Members!

Edgar & Frances Dalrymple
Paul Leopard
Steve Riddell
Fred Scarborough
Alan Schollian
Marie Socha

President’s Ramble

Mike Bayler

A worthy cause right next door

Hopefully, many of you have heard about the Two Wheel Trail project that is underway in Limestone County. Limestone County Parks and Recreation (LCPR) has received a \$470,000 grant to create marked, paved routes of over 160 miles. These routes will connect Athens, Elkmont, Ardmore, and rural Limestone County. The use of this trail is intended for both bicycles and motorcycles.

In order to secure the grant money, LCPR must raise \$30,000 to fund engineering and design work that needs to be done for the project. If the \$30,000 is not raised they will not be eligible to receive the grant money. LCPR is soliciting donations from local bicyclists and motorcycle riders as well as the general community. The SCCC has pledged its support of this project and will be donating \$500.

If you are interested in making a donation to this fundraising effort, checks may be sent to Limestone County Parks & Recreation, P.O. Box 945, Athens, AL 35612. Any donations made to this effort are tax deductible as LCPR is a 501c3 organization. Please indicate on your donation check that you are part of the bicycling community, as there has been a challenge put forward to see if the bicyclists or motorcyclists can raise more money.

On Memorial Day I will be hosting a ride that will cover some of the roads on the Two Wheel Trail. This ride will serve as a fundraising effort and riders are requested to make a small donation (\$5 or more) to the project. Please take the opportunity to come see that some challenging riding does exist in Limestone County and help out this deserving project.

If you would like additional information on the Two Wheel Trail, please contact Carl Hunt by phone at (256) 230-2121 or by e-mail at chunt10013@hotmail.com.

SCCC Cyclists at Bike Florida Ed Bernstein

Four Club members, Marge Holderer, Maria Falcon, Ed and Paulette Bernstein, and friend Jim Hall recently returned from Bike Florida, a six-day supported tour of North Florida from March 18 to March 24. Almost 950 riders started from Palatka, Florida and followed a route to St Augustine, back to Palatka, and then to Gainesville, finally to return again to Palatka. The ride followed the scenic St. John's River and also traveled along the Atlantic Coast to Flagler Beach. Stops along the way were at Florida State Parks and Greenways. The longest scheduled days were 70 miles, although a 100-mile option was available. Overall mileage for the route was about 350 miles, over mostly flat terrain. The riders enjoyed sunny Florida weather, with one overcast day producing a few showers. All our riders successfully completed the ride, and found it to be well-organized and were well fed.



Marge Holderer, Maria Falcon, Jim Hall, Paulette and Ed Bernstein at rest stop on Bike Florida



A river scene on the ride



Paulette pauses on one of Florida's Greenways



Modern Sanitary facilities were provided at the Marjorie Kinnan State Park

Four Hills Century Needs YOU!

The Four Hill Century will be Saturday, May 20 and some key volunteers are needed before and during the event. The volunteer positions available are:

Staff for final rest stop on Old Gurley Pike on 72. The stops will be open from about 9:30 until about 4 to 5 PM.

SAG drivers(2). You get to drive a nice new Honda vehicle courtesy of Jerry Damson Honda.

Early Saturday Morning Help – Opening Registration, Greeters, parking, start area set-up.

Rest Stop Equipment Delivery – Got a truck? Have Friday off? We need a driver and helper deliver tents, tables and chairs to rest stop locations the afternoon before the ride.

Food Distribution – Assist the Food Coordinator gathering and dividing the food for rest stops. This is several hours of work Friday evening before the event.

This is your opportunity to show off how well we can host a century! Contact Volunteer Coordinator Michael Holderer (moh@knology.net, 883-9982) or Event Director Morgan Andriulli (morganandriulli@comcast.net, 536-7190.). As a rider or a volunteer, everyone has a part they can contribute.

The One To Remember **Shirley Feaux**

As many of you know, we spend a couple of weeks in March riding at the Pac Tour Spring Training camp in Southern Arizona. This spring we did the usual, but parts of the camp were a little different than previous years. And this one will be the one to remember.

We begin each week in Tucson where everybody gathers to put his or her bikes back in working order after the plane rides from all over the world. This year there were riders from Australia, Canada, Germany, and some from the good old USA. A 4:00 p.m. meeting conducted by Lon Haldeman, the camp leader, sets the rules and tells riders what to expect. The March 18th meeting announcement was to decide whether to go over the mountain to Sierra Vista or to go around the mountain. Because there was a slight chance of snow at higher elevations there was a choice to be made. Chance of snow was 30%. Early the next day the cue sheets were passed out and it was an over-the-mountain day.

We had made this ride for the last five visits to Arizona and really liked the route except there is a really I-o-n-g hill. And tandems are slow on hills. By the time we got to the rest stop at the top a few light flakes were falling. Not to worry! We would be down in no time because tandems are fast to get down a hill. Flakes got bigger and bigger and the wind blew them with cutting fury into our eyes and face. We stopped to put on warmer gloves and our rain gear, which thankfully was hooded. I wore my riding sandals with two pair of wool sox, big mistake! They were okay for all the winter weather we had in Alabama, but I needed Eskimo muck lucks. My sox were soaked from the wet snow. Charles was complaining that he could not see the road because of the layer of snow on his glasses. His helmet was covered. Only 10 more miles to the Shell station in Sonoita. By this time, I had decided to abandon this whole day and get a hotel in that town. It was COLD! Sonoita at last! Hot coffee, a bag of M&M's and I took out my arm warmers which were dry and warm and used them over my sox. I felt alive again! A bit of sun began to shine and we were again on the road to the lunch stop. This was a slight downhill and very fast. But remember fast means you make more wind chill and it had again begun to snow. Ate lunch of hot soup and hot chocolate huddled in the sag vehicle with two girls who had decided to quit for the day. I think they were Canadian. We jumped back into the swirling white stuff again knowing that it was only 28 more miles and if we really were suffering hypothermia some kind soul would pick us up. And we made it! The hot shower in the hotel brought feeling back into my feet and the view of snow on the Coronado Mountains was great to look at THROUGH THE WINDOW! Some rider was unkind enough to tell Lon that this was the worst day in his whole life. I just told Lon that this was the one we would remember.

Meeting Minutes **Ed Bornstein**

Officer's Meeting

Full Funding for Joyce Kilmer Outing: The officers voted to remove the participant charge for the Joyce Kilmer outing and to fully fund the \$320 registration fee for this year's two outings. Ed will inform Charlie Feaux of the action.

Limestone County Two-Wheel Tour: Limestone County will spend \$500,000 to create a 140 mile route for bicycle and motorcycle riders. The route would be on existing roads, improved with appropriate signage to safely accommodate two-wheel users. The funds include a \$400,000 federal grant, \$70,000 from the County and the communities of Elkmont, Athens, and Ardmore, and \$30,000 additional matching money to be raised for engineering fees. Limestone County residents Carl Hunt (a CSC employee and SCCC member) and Richard Martin are spearheading the effort. A meeting will be held on April 25 in Athens at the Beasley Center of First United Methodist Church to raise community awareness of this project and to inaugurate fund-raising activities. Mike Bayler will attend the meeting to coordinate SCCC involvement in the project. Another meeting will be held May 2 with ALDOT in Guntersville to determine the time frame for this project. The officers agreed to endorse and assist the organizers in this project and allow use of the SCCC name in promotions. One of the fund-raising activities planned is a Century Ride tentatively planned for October 28 on the proposed route. The club will assist in the planning of the event, in loaning of equipment and assisting in finding volunteers. The club will also will donate \$500 when funding plans are more definite. The possibility of an extra donation to be raised from the AYCE Century and the Four-Hills century was suggested. Another fund-raising possibility is a \$50/head dinner with the possibility of attendance by Dave Zabriskie.

Four Hills Century: The plans are well under way for the Four Hills Century.

Underage Cyclist Liability: The question of club liability was discussed for an underage cyclist who is not a club member, but who has gone on club rides. It was decided that he would be asked to have his parents sign a waiver and bring it to the next ride he attends.

General Meeting

Community Affairs (Mike Holderer): May is National Bike Month. May 15-19 is Bike to Work Week and May 19 is Bike to Work Day. On May 17, Dave Stone will host a "Ride of Silence" to honor killed and injured cyclists.

Vice President and Program Committee (Morgan Andriulli): Members are requested to supply ideas for the program for the May meeting. Possible future programs are: First Aid for Common Cycling Injuries, Andy Brown's report of his Napa Valley trip, and Bike Movie Night.

Continued on next page

Rides Captain (Mike Holderer for Sharon Bayler in absentia): On 4/29 a Garden Tour will be held led by Marge Holderer. It will tour antebellum homes and lavish gardens in Courtland. Lunch will be served. There will be a 41 and a 56 mile route. The Rides Captain requested volunteers to lead the longer rides in May.

Century Director (Dan Kruvand): The date of September 16 has been confirmed for the All You Can Eat Century Ride. The fees for the ride will be unchanged from last year.

Race Division (Josh Whitehead): The annual races will be held on July 29 and July 30. Volunteers are needed to help with registration and as course marshals. Efforts are being made to acquire sponsors for the races.

Old Business: Roger Chassay congratulated Morgan Andriulli on his tactful and well-crafted letter to the editor of the Huntsville Times concerning the Community Cartoon which was uncomplimentary to cyclists. No progress was reported on the Road Classification Project. The RAM series for training beginning riders will begin with organizational meetings to be held April 24, 25 and 26. Ride leaders are needed for many of the rides. Participants will be requested to pay a \$20 fee, and will then receive a club membership and registration for the All-You-Can-Eat Century Ride.

New Business: Limestone County has received funding for a county-wide bicycle and motorcycle route. See the Minutes of the Officer's Meeting for details. The Joyce Kilmer Outing will be occurring soon. The club will fully fund the \$320 registration fee for this year's two outings. The SCCC-Roadies newsgroup is being relocated to Yahoo from Topica. The Topica group will be shut down soon. The racers group may also be switched soon. The club web page will be updated to reflect the change. The Four-Hills Century in May still needs additional volunteers for the Conoco Rest Stop on Highway 72, help with registration, a sag driver, help with parking and a helper to post signs and banners. The meeting was ended and an informative program presented by Jack Bice.



Lights Helmets Hydration
Kestrel & Felt Bicycles
Summer Clothing New Stuff
Mavic Wheels Vittoria Tires
461-9963

See What's New at Our New Store
— 8760 Madison Blvd. —
www.madisoncycles.com
steve@madisoncycles.com

Treasurer's Report **Ed Bernstein**

Income Statement for the Period 3/1/06 - 3/31/06

Beginning Balance 3/1/06	\$6,455.08
Income	
Membership	\$359.00
Atlas Sales	\$50.00
TOTAL Income 2/1/06 - 2/28/06	\$409.00
Expense	
QQP-Mar, Apr Newsletter	\$83.07
Postage	\$78.60
TOTAL Expense 3/1/06 - 3/31/06	\$161.67
Ending Balance 3/31/06	\$6,702.41

There are 164 members as of 4/16/2006

Dave's Safety Tip

The first rule of intersection positioning is to use the rightmost lane going to your destination.

For more information on how to cycle better, take an upcoming Bike Ed class:

Road 1 - Saturday, May 6th, 8 am to 5 pm
Commuter – Monday, May 15th, 7 to 10 pm
Road 1 – Saturday, June 10th, 8 to 5 pm

Registration details and course descriptions can be found on my website:

www.knology.net/~BikeEdHSV/courses.htm

Rides Captain: Sharon Bayler

Phone: 830-5956

E-mail: sharon@bayler.us

Spring City Cycling Club

May 2006 Rides Calendar

www.springcity.org

Recurring Rides				
Date/Time	Miles	Ride Leader	Ride Name/Starting Point	Ride Comments
Sunday 8:00 am	43	Morgan Andriulli 536-7190 jamorgan10@comcast.net	Fast Breakfast Ride/ Mullins Restaurant	17-19 mph pace, sometimes harder, sometimes not.
Sunday 9:00(9:15) am	18 (10)	Willy Albanes 883-0685 albanes@att.net	E-Z Breakfast Ride/ Grissom H.S.(Winn Dixie)	To Mullins Restaurant and back, at a social pace. Mostly on marathon route. Post breakfast Monte Sano option
Sunday 2 p.m.	30	Tom Greer 655-0121 Dan Kruvand 880-9347	Sunday Recovery Ride/ Johnson Park On Mt. Gap Road	16-17 pace
Sunday 1:00 pm	40	Don Wallace 859-3019 wallace@mac.uah.edu	Sunday Afternoon Ride/ Williams Elem. School	32 & 22 mile options 18 to 20 pace, sometimes harder!
Tuesday 5:30 pm	28	Don Lovelace 539-9008 lovelaced@msn.com	Tuesday Arsenal Ride/ Bldg. 5400 south parking lot	13 & 21 mi. options, 17-19 pace. Badge, Government ID or escort required, fast and slow groups, pre-arrange for slower pace
Tuesday 5:30 pm	32-38	Dean Della Pella 730-3679 dean.della.pella@intergraph.com	Tuesday Intergraph Ride/ Wellness Center parking lot	Various groups and paces, mostly 16-18 pace
Thursday 5:15 p.m.	22-26	Geanine Lehmann 655-6385 gean31356@aol.com	Thursday Alternate Ride/	JIT Services at 125 Electronics Blvd.; show and Go, Usually relaxed pace, 12-16 mph
Thursday 5:30 pm	28	Don Lovelace 539-9008 lovelaced@msn.com	Thursday Arsenal Ride/ Bldg. 5400 south parking lot	13 & 21 mi. options, 17-19 pace. Badge, Government ID or escort required, fast and slow groups, pre-arrange for slower pace
Thursday 5:30 p.m.	25 or More	Charles Feaux 881-8479 cfeaux@comcast.net	Thursday Williams Elem. Ride/ Williams Elem. on Zierdt road	Slow and fast groups; usually fast
May Rides				
May 6 th 9:00 a.m.	32	Keri Fletcher 468-2608	Keri's Ice Cream Ride/ Liberty Middle School	Plenty of flat, through tiny Belle Mina & Mooresville
May 6 th 4:00 p.m.	10	Ed Bernstein 534-6547	RAM Ride/ Cove Park-Hampton Cove	
May 13 th 9:30 a.m.	31	Claire/Steve Robinson 489-1850 claire.robinson@knology.net	Charity/Beaver Dam Ride/ Sparkman Middle School	Map & cue sheet provided; 12-14 pace
May 13 th	62/ 100	Mark Slone 776-4175 slone@hiwaay.net	Clockwise Hytop Metric Loop/	Century start: HWY 72E to AL-65, turn Left/north; for metric, continue on 65 to AL 146; more info at: http://home.hiwaay.net/~slone/cycling.html and http://home.hiwaay.net/~slone/HytopDirections.html
May 13 th 4:00 p.m.	13	Mike Bayler 830-5956	RAM Ride/ Greenbrier Restaurant	
May 15-19		BIKE	TO WORK	WEEK
May 17 th 7:00 p.m.		Dave Stone dlstone@knology.net	Ride Of Silence/ Clinton Elementary	A silent procession to honor cyclists killed or injured while cycling; please remain silent & ride no more than 12 mph
May 20 th 8:00 a.m.			Alabike Four Hills Century	Ride fee of \$30 benefits the Chief Ladiga Fund of Cleburne County
May 20 th 4:00 p.m.	15	Matt Bucca 882-9798	RAM Ride/ Greenbrier Restaurant	
May 21 st 9:30 a.m.	42	Becca Mauldin 519-2455 bec.rays@yahoo.com	Mini Coldwater/ Sparkman Middle School	Stores may be closed, so bring lots of water & snacks; 15-17 pace, maps provided
May 21 st 7:30 a.m.	60	Mike Moran 852-7412 aussie303202@yahoo.com	Coldwater 60/ Sparkman Middle School	Stores may be closed, so bring lots of water & snacks; 16-18 pace; maps provided
May 27 th 8:00 a.m.	30- 35	Ray Mulcahy 852-3177 raytriguy@netscape.net	Arsenal Ride/ Whitesburg School	No lad or lassie left behind; 12-14 pace; Bring ID
May 27 th 8:00 a.m.	50	Sharon Bayler 830-5956 sharon@bayler.us	Stanley Steamer/ Creekside Elementary on Sanderson Rd.	16-18 pace; gently rolling to Elkmont & back; faster groups welcome, ride leader will ride at advertised pace
May 29 8:00 a.m.	45/65	Mike Bayler 830-5956 mike@bayler.us	Two Wheels Trail Ride Athens Stadium on Hwy. 31	Fundraising ride for Two Wheel Trail; maps provided but no ride leader sweeping course; please make donation of \$5 or more to help complete project

All rides free and open to the public. Helmets mandatory. Choose a ride appropriate to your ability. Properly maintained equipment highly recommended.

Deadline for the June newsletter is Monday, May 15th. Please send submissions to Rachel Marshall at: kdsomom2004@yahoo.com. Members are asked to submit articles, pictures or just about whatever they may find humorous or cycling related. You may also run free bike-related classified (non-commercial) ads. For updated ride and club information, please visit the club website at: www.springcity.org

Membership Application: Required data is marked by an asterisk *. Information will be published in a club directory. PLEASE DO NOT provide phone numbers if you do not want them published. You may also opt out of having your email address published (although we may need you to supply it so we can send you the newsletter).

*NAME _____ PHONE (H) _____

*ADDRESS _____ (W) _____

*CITY _____ *STATE _____ *ZIP _____

*E-MAIL _____ Do not publish my email address in the directory.

New Member Renewal I agree to receive the newsletter by E-mail only

Interest Group : Touring, Recreational Riding _____ Race Division _____

Check the option you desire. Mail this application with a check / money order made out to:

Spring City Cycling Club / PO Box 2231 / Huntsville, AL 35804.

2006 Membership (January – December):

Individual _____ \$12.00 (email newsletter) _____ \$17.00 (USPS newsletter)

Family _____ \$15.00 (email newsletter) _____ \$20.00 (USPS Newsletter)

TOTAL (Check Payable to SCCC): _____

Release of Responsibility: The person signing this document certifies that he/she has examined the information on this release form and membership application and that all information is complete, true, and correct. For the sole consideration of being allowed to participate in Spring City Cycling Club (SCCC) activities, the undersigned hereby releases and forever discharges SCCC members, agents, officers, volunteers, personal representatives, their heirs, successors and all other persons, firms, and corporations liable or who might have claimed to be liable (all and each "Released Person") from any and all claims, demands, damages, actions, causes of action or suits of any kind and nature whatsoever, and particularly on account of all future injuries both to the person and property which may have resulted, or may in the future, develop from participation in or traveling to and from SCCC activities or SCCC sponsored events. I fully realize, acknowledge, and assume the risks of the hazardous nature and dangers of participating in any club activities, including by way of example and not limitation, the following: collisions with pedestrians, vehicles, other riders, and fixed or moving objects; safety hazards, equipment failure, inadequate safety equipment, and weather conditions; and the possibility of serious physical injury associated with cycling (each and all of which shall be referred to as 'Injury'). This release has been completely read by or to the undersigned and the terms hereof are fully understood and voluntarily accepted for the purpose of releasing each Released Person from any and all claims, disputed or otherwise on account of any injury.

Participant's Signature: _____ **Date:** _____

(Signature of Parent or Guardian, if under 19) _____

