

# The *Spring Times*



**April 2006**

[www.springcity.org](http://www.springcity.org)

*Official publication of the Spring City Cycling Club  
Huntsville, AL – Founded 1892*

*Dedicated to providing “concerted plans and amusements for the bicyclist”*

## **Club Meeting Dates:**

**Officer’s Meeting:**  
Monday, April 3<sup>rd</sup>

**General Meeting:**  
Monday, April 10<sup>th</sup>  
7:00p.m. El Camino Real  
4116 University Drive

## **Welcome New Members!**

Laurie Cooklis  
Paul Haanschoten  
Jeff Hataway  
Lee Hollingsworth  
Robert Lake  
Patrick Lyles  
Michael McGowan  
Tim Stark

## **President’s Ramble**

**Mike Bayler**

### **Spring Tune Up**

As Steve Swann told us at the last meeting, routine maintenance is crucial to a well-performing bicycle. Since the weather is hopefully going to become nice in the next month, it’s time to give some thought to what your bike has been through in the last year and what it needs to keep functioning in the upcoming cycling season.

Fall and winter riding subjects our bicycles to a lot of muck. As we ride through the rain and dirt, little bits of grit penetrate our cables and chains and water splashes all over our bikes. Power drinks drip off water bottle caps and make sticky messes on our frames.

A good cleaning can go a long way toward getting your bike ready for spring. Using car wash soap and a bicycle-specific degreaser, thoroughly clean your bike. Even if you don’t plan to do the rest of the routine maintenance on your bike, this will give your mechanic a clean platform. Delivering a clean bike to the shop will likely result in better service and a greater likelihood of finding any problems that might otherwise be hidden on a filthy bike.

New cables, new bar tape, and possibly a new chain will make for a nice comfortable ride with swift shifting. Add a coat of wax and some new accessories and you’ll feel like you’ve got a new bike. While you’re at the bike shop you might want to make sure that you have a well-stocked seat bag.

A tube that fits your tires, tire levers, and a multi-tool are the minimums for your seat bag. Adding a pump to your bike makes you prepared for a flat tire. If you can’t change your own flat, others will be more willing to help if you have the tools and supplies at hand. Other items that may come in handy are a patch kit, CO<sub>2</sub> pump and cartridges, a spoke wrench, and a little extra cash.

Having a well-tuned bike and the tools to fix it if anything happens on the road will make for a much more enjoyable season. Get prepared and enjoy the ride.

## Four Hills Feast Volunteers Needed

Michael Holderer

May 20 is the date this year for the spectacular Four Hills Century. Of 67 volunteer positions, 34 are filled. We have openings for before, day-before as well as day-of.

Contact Michael Holderer at 883-9982 or [moh@knology.net](mailto:moh@knology.net) if you'd like to help out this worthwhile effort.

*Pre-Event May 6 or before:* Course Marking - one more assistant needed.

*Day Before May 19:*

Route checking and sign placement (two teams needed. Anyone with a Miata?), staging area setup downtown, Signs and Banners (someone with a flair, not a flare!), parking area - signs and barricade placement, stage and PA setup, delivery of rest stop tables, chairs, tent (someone with a pickup and/or trailer?), rest stop food bundling

*Day-Of May 20:*

Ice purchaser, registration food, RS cooler handler, Parking attendant (minimum two needed), Registration (three more needed), SAG driver(one more needed), Family Ride chaperone(one more needed), Rest Stop helpers: need several folks here

Old Big Cove Road 8:15 - 10:00, Butler Mill 10:00 - 2:00, Gurley 9:30 - 4:00, Conoco on Hwy 72 9:30 - 5:00,

Rest Stop lunch runner 11:00 - 1:00, Owens Cross Roads 9:00 - 11:00, Grant 9:30 - 11:30

Simpsons Point 9:15 - 11:30, Rest Stop tables and tent pickup

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## Spring Campout at Joyce Kilmer April 21<sup>st</sup>-23<sup>rd</sup>

The annual spring campout at Joyce Kilmer has been scheduled for April 21<sup>st</sup> – 23<sup>rd</sup>. The campground is located in Joyce Kilmer Memorial Forest in North Carolina. It's a car camping outing with opportunities to look at the spring flowers, wade in a nearby stream, fish, hike, see some of the oldest and biggest trees in the Southeast and last but not least, cycle a very challenging 65 mile course. If you don't have camping gear, club members may have extra to lend. Well filled coolers mandatory. This year there will be a \$10 campsite fee. Contact Charlie Feaux at 881-8470 or [cfeaux@comcast.net](mailto:cfeaux@comcast.net).

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## St Patrick's Day Club Party



## Classified Ads

Wanted - Used mid-range Road Bike, 52-54 cm. Call Andy Brown at 684-3441 or Kurt at 655-2486.

For Rent - 1 BDRM Apt, 5 Points Area, Hardwood Floors, Central Heat/Air, Refrigerator & Stove provided. Ceiling hooks installed and ready for your bike. Cost \$450/month. Call Randy at 534-5509.

For Sale - Performance Xport bike rack for truck bed. Holds two bikes (fork mount) \$35. Call Davy at 864-8183.



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[www.madisoncycles.com](http://www.madisoncycles.com)  
[steve@madisoncycles.com](mailto:steve@madisoncycles.com)

## Treasurer's Report Ed Bernstein

### Income Statement for the Period 2/1/06 - 2/28/06

Beginning Balance 2/1/06	\$6,337.60
<b>Income</b>	
Membership	\$354.00
<b>TOTAL Income 2/1/06 - 2/28/06</b>	<b>\$354.00</b>
<b>Expense</b>	
QQP- Rides Altas Reprints	\$105.12
Adventure Cycling Membership	\$75.00
Morgan-Meals for Program Presenters	\$56.40
<b>TOTAL Expense 2/1/06 - 2/28/06</b>	<b>\$236.52</b>
Ending Balance 2/28/06	\$6,455.08

There are 150 members as of 3/14/2006

## Meeting Minutes Leah Tracy

### Officer's Meeting

The officers' meeting was held informally over email.

### General Meeting

Mike Bayler called the general meeting to order and welcomed guests and visitors including: Michael Burnett, Kathy Shelton, Bill, Lee Hollingsworth, and Michael Gill. Morgan announced the evening's program by Steve from Madison Cycles on basic bicycle repairs and tuning. Rides Goddess Sharon announced upcoming centuries. Leah reported about 30 people in attendance. Ed reported 145 membership renewals, 85 un-renewed, and a \$6600 account balance. Marjorie said there was a good turnout for litter patrol. The St. Patrick's Day rides and party were discussed. The Show and Go Rides are being planned. The All-You-Can-Eat Century is scheduled for September 16<sup>th</sup> and the soccer club will again be supporting us. The RAM series begins in May with organizational meetings in April.

## **Saturday April 29<sup>th</sup> D.D. Martin Plantation garden ride – Courtland AL (west of Decatur)**

### **Marjorie Holderer**

Garden tour, 30 or 50 mile bike rides. Afterwards, the Courtland Historic Association has invited participants to lunch.

D.D. Martin is the kind of woman who'd play down accolades on her behalf. Because I asked, we are friends, and she likes an interesting proposition, she has agreed to give bicyclists a tour of her 3-4 acres of gardens around her antebellum plantation home outside of Courtland Alabama. This plantation is a working 7000 acre business, the site is breathtaking, and the gardens sweet (children's play houses), varied, shady, colorful, and restful. Those who garden will want to see the great potting shed. She has also arranged for the luncheon by the Courtland Historic Association.

Our schedule will include a 9am tour of D.D.'s gardens.

10-12:30 bike riding (30 or 50 mile options), 12:30 to 1:30 lunch in the Pavilion in the park and antique shopping afterwards as people see fit.

It takes about 60-90 minutes to drive there and I will have specific directions for those who commit to coming. I will be developing the ride routes in March and April.

I will need RSVPs by Wednesday, April 25<sup>th</sup> so I can report how many cyclists will be there for lunch. When you RSVP, please include how many riders, do you want lunch, email, & phone number where you can be reached.

Please tell your friends in Decatur, Florence as well.

Its going to be fun and different.

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### **Club Ride Notes** **Sharon Bayler**

Daylight Savings Time begins April 2. And you know what that means – After work Rides are Back!!! Just to refresh your memory about recurring Sunday and after work rides – Recurring rides do not have Ride Leaders, only a Point of Contact. Points of Contact do not provide maps, mechanical assistance, sweep the course and may not attend. If you are new to a standing ride, let others know. Be courteous to new riders who may not know the course, calling turns well in advance or pointing out road hazards. As with any SCCC ride, helmets are required. If anyone has a question about a recurring ride, they may contact the POC or Rides Captain.

**April 15<sup>th</sup> Fayetteville Ride:** 62, 52 and 43 miles. Starts from Fayetteville Town Square at 9:00 AM. This ride is why you have a road bike. Plenty of rolling hills with a few climbs of a merciful 300 feet or so. Rest stops every 20 odd miles. Hammerheads can shred their legs to their hearts delight and albatrosses can smell the roses and livestock and whiskey barrels at their own pace. Everyone stops in historic Lynchburg and can watch the live radio broadcast of bluegrass music at the Bar-B-Que Caboose. From there riders take either the metric century through quaint Petersburg (ask to see the oldest working elevator in Tennessee) with the dead straight climb up Gingerbread Rd., or the 52 mile option along Chestnut Ridge down smooth 231 into Belleville. You don't want to miss this ride. Detailed maps but no marked course. Leave Huntsville behind for a day and lose yourself in this ride only 35 minutes north of University Drive.

**Directions:** Take the Parkway (Hwy 431) north to right beside the square in Fayetteville and look for the bikes. Leader: Chip Moore 536-3231, Lmoore31@comcast.net.

Rides Captain: Sharon Bayler

Phone: 830-5956

E-mail: [sharon@bayler.us](mailto:sharon@bayler.us)

# Spring City Cycling Club

## April 2006 Rides Calendar

[www.springcity.org](http://www.springcity.org)

Recurring Rides				
Date/Time	Miles	Ride Leader	Ride Name/Starting Point	Ride Comments
Sunday 8:00 am	43	Morgan Andriulli 536-7190 <a href="mailto:jamorgan10@comcast.net">jamorgan10@comcast.net</a>	Fast Breakfast Ride/ Mullins Restaurant	17-19 mph pace, sometimes harder, sometimes not.
Sunday 9:00(9:15) am	18 (10)	Willy Albanes 883-0685 <a href="mailto:albanes@att.net">albanes@att.net</a>	E-Z Breakfast Ride/ Grissom H.S.(Winn Dixie)	To Mullins Restaurant and back, at a social pace. Mostly on marathon route. Post breakfast Monte Sano option
Sunday 2 p.m.	30	Tom Greer 655-0121 Dan Kruvand 880-9347	Sunday Recovery Ride/ Johnson Park On Mt. Gap Road	16-17 pace
Sunday 1:00 pm	40	Don Wallace 859-3019 <a href="mailto:wallace@mae.uah.edu">wallace@mae.uah.edu</a>	Sunday Afternoon Ride/ Williams Elem. School	32 & 22 mile options 18 to 20 pace, sometimes harder!
Tuesday 5:30 pm	28	Don Lovelace 539-9008 <a href="mailto:lovelaced@msn.com">lovelaced@msn.com</a>	Tuesday Arsenal Ride/ Bldg. 5400 south parking lot	13 & 21 mi. options, 17-19 pace. Badge, Government ID or escort required, fast and slow groups, pre-arrange for slower pace
Tuesday 5:30 pm	32-38	Dean Della Pella 730-3679 <a href="mailto:dean.della.pella@intergraph.com">dean.della.pella@intergraph.com</a>	Tuesday Intergraph Ride/ Wellness Center parking lot	Various groups and paces, mostly 16-18 pace
Thursday 5:15 p.m.	22-26	Geanine Lehmann 655-6385 <a href="mailto:gean31356@aol.com">gean31356@aol.com</a>	Thursday Alternate Ride/	JIT Services at 125 Electronics Blvd.; show and Go, Usually relaxed pace, 12-16 mph
Thursday 5:30 pm	28	Don Lovelace 539-9008 <a href="mailto:lovelaced@msn.com">lovelaced@msn.com</a>	Thursday Arsenal Ride/ Bldg. 5400 south parking lot	13 & 21 mi. options, 17-19 pace. Badge, Government ID or escort required, fast and slow groups, pre-arrange for slower pace
Thursday 5:30 p.m.	25 or More	Charles Feaux 881-8479 <a href="mailto:cfeaux@comcast.net">cfeaux@comcast.net</a>	Thursday Williams Elem. Ride/ Williams Elem. on Zierdt road	Slow and fast groups; usually fast

**\*IF YOU WOULD LIKE TO LEAD A RIDE, PLEASE CONTACT RIDES CAPTAIN\***

April Rides				
April 1 <sup>st</sup> 9:00 a.m.	50	Sharon Bayler 830-5956 <a href="mailto:sharon@bayler.us">sharon@bayler.us</a>	Hurricane Half Century/ Publix on Hwy 431 in Big Cove	Classic ride thruHurricane Valley w/ lovely little hills on Dug Hill at end; 15-17 pace; faster groups welcome maps provided; 1 rest stop
April 1 <sup>st</sup> 11:00 a.m.	30	Claire Robinson 489-1850 <a href="mailto:Claire.robinson@knology.net">Claire.robinson@knology.net</a>	Providence Ride/ Providence School, Hunting Trail	New Route! Maps provided; social pace; post ride Luncheon
April 8 <sup>th</sup> 8 a.m.	25	Dawn Creed 883-0685 <a href="mailto:cvclist67@hotmail.com">cvclist67@hotmail.com</a>	Arsenal Ride/ Whitesburg Elementary	13-16 pace; bring arsenal badge or picture ID or you won't ride
April 8 <sup>th</sup> 8 a.m.		Supported Ride - \$25.00 fee	Dogwood Century/ Woody's Bicycles in Winchester TN	30,62 & 100 mi. options;
April 15 <sup>th</sup> 9:00 a.m.		Chip Moore 536-3231 <a href="mailto:Lmoore31@comcast.net">Lmoore31@comcast.net</a>	Fayetteville Ride/ Fayetteville Town Square	See description on previous page
April 22 <sup>nd</sup> 10:00 a.m.	30	Matt Bucca 882-9798	Reverse Cherry Tree/ Publix on Hwy 431 in Big Cove	12-14 pace; gently rolling terrain; 1 rest stop; maps Provided; post ride lunch option
April 22 <sup>nd</sup> 10:00 a.m.	40	Michael Holderer 883-9982 <a href="mailto:moh@knology.net">moh@knology.net</a>	Earth Day Ride/ Target on Bailey Cove	15-17 pace; celebrate by climbing Cecil Ashburn! Congregate near Wachovia Bank

**All rides free and open to the public. Helmets mandatory. Choose a ride appropriate to your ability. Properly maintained equipment highly recommended.**

Deadline for the April newsletter is Saturday, **April 15<sup>th</sup>**. Please send submissions to Rachel Marshall at: [kdsmom2004@yahoo.com](mailto:kdsmom2004@yahoo.com). Members are asked to submit articles, pictures or just about anything that they may find humorous or cycling related. You may also run free bike-related classified (non-commercial) ads. For updated ride and club information, please visit the club website at: [www.springcity.org](http://www.springcity.org)

**Moved? Changed email address?**

**Please send changes to:**

SCCC Treasurer

PO Box 2231 Huntsville, AL 35801

[scctreasurer@knology.net](mailto:scctreasurer@knology.net)

**SCCC Membership Application:** Required data is marked by an asterisk \*. Information will be published in a club directory. PLEASE DO NOT provide phone numbers if you do not want them published. You may also opt out of having your email address published (although we may need you to supply it so we can send you the newsletter).

\*NAME \_\_\_\_\_ PHONE (H) \_\_\_\_\_

\*ADDRESS \_\_\_\_\_ (W) \_\_\_\_\_

\*CITY \_\_\_\_\_ \*STATE \_\_\_\_\_ \*ZIP \_\_\_\_\_

\*E-MAIL \_\_\_\_\_  Do not publish my email address in the directory.

New Member  Renewal  I agree to receive the newsletter by E-mail only

Interest Group : Touring, Recreational Riding \_\_\_\_\_ Race Division \_\_\_\_\_

Check the option you desire. Mail this application with a check / money order made out to:

**Spring City Cycling Club / PO Box 2231 / Huntsville, AL 35804.**

**2006 Membership (January – December):**

Individual \_\_\_\_\_ \$12.00 (email newsletter) \_\_\_\_\_ \$17.00 (USPS newsletter)

Family \_\_\_\_\_ \$15.00 (email newsletter) \_\_\_\_\_ \$20.00 (USPS Newsletter)

**TOTAL (Check Payable to SCCC):** \_\_\_\_\_

**Release of Responsibility:** The person signing this document certifies that he/she has examined the information on this release form and membership application and that all information is complete, true, and correct. For the sole consideration of being allowed to participate in Spring City Cycling Club (SCCC) activities, the undersigned hereby releases and forever discharges SCCC members, agents, officers, volunteers, personal representatives, their heirs, successors and all other persons, firms, and corporations liable or who might have claimed to be liable (all and each "Released Person") from any and all claims, demands, damages, actions, causes of action or suits of any kind and nature whatsoever, and particularly on account of all future injuries both to the person and property which may have resulted, or may in the future, develop from participation in or traveling to and from SCCC activities or SCCC sponsored events. I fully realize, acknowledge, and assume the risks of the hazardous nature and dangers of participating in any club activities, including by way of example and not limitation, the following: collisions with pedestrians, vehicles, other riders, and fixed or moving objects; safety hazards, equipment failure, inadequate safety equipment, and weather conditions; and the possibility of serious physical injury associated with cycling (each and all of which shall be referred to as 'Injury'). This release has been completely read by or to the undersigned and the terms hereof are fully understood and voluntarily accepted for the purpose of releasing each Released Person from any and all claims, disputed or otherwise on account of any injury.

**Participant's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**(Signature of Parent or Guardian, if under 19)** \_\_\_\_\_

