

The *Spring Times*



April 2005

www.springcity.org

*Official publication of the Spring City Cycling Club
Huntsville, AL – Founded 1892*

Dedicated to providing “concerted plans and amusements for the bicyclist”

Club Meeting Dates:

Officers Meeting

April 4th

6:15 eats

7:00 meeting

Bennigans

On University and the Parkway

General Meeting:

April 11th

El Camino Real

7 p.m.

President's Ramble

By Mike Bayler

Tis the Season

No, it's not time for Christmas again. It's time to get out there and start riding (or riding a lot more). With the daylight savings time transition in early April, available riding time will soon explode. More evening hours and warmer weather mean more opportunities to ride.

It's also time to start training for that special event you'd like to do this year. For some that means participation in the RAM series. For others that means starting the hill work in earnest to get ready for Cheaha, Three State, or Six Gap. It's great to set goals for the year and work to achieve them. Pick something attainable and get on the bike.

The after-work rides will be starting up again and provide several opportunities for mid-week rides. These are usually a great opportunity to challenge yourself as you work on your strength and endurance. Hopefully, some of last year's RAM riders will step up and provide some more docile after-work rides this year. I think they understand the importance of giving back to the cycling community.

There is also a new ride on the local calendar. This Dogwood 100 will be held on April 16 as part of the International Dogwood Festival in Winchester, TN. It promises a nice climb to Sewanee for the longer rides and will pass some of the familiar roads from the Tim's Ford Campout. For more information you can check out the web site at <http://www.winchesterdogwoodfestival.com/bike.html>.

We also have some fun non-cycling activities on the horizon. On April 2, we will again attempt the Walls of Jericho hike. Just like last time we will have to decide whether the hike will proceed based on the weather the week prior to the hike. Charley Feaux has also scheduled the spring campout at Joyce Kilmer. This will be held May 6-8 and promises to be a good time. Many thanks to Charley for making this happen each year.

We are also going to try to do a club canoe trip again this year. We did this two years ago and it was a lot of fun. The plans are for the RAM riders to join us on the trip so that they can get a real feel for the club (hopefully that's not a bad idea).

Looking forward to seeing everyone on the roads (or in the woods).

Happy Cycling!

Introducing the First Annual Huntsville Four-Hills Feast: An All-You-Can-Climb Century Tough Route for Safe Routes

June 18, 2005 – Downtown Huntsville, Alabama

Alabama's oldest and newest cycling organizations have joined forces to introduce a new and challenging ride that will show off the best roads and rural scenery in Madison County. The venerable [Spring City Cycling Club](#) (founded 1892) and the [Alabama Bicycle Coalition](#) (Founded 2004) have teamed up to host a mass start century ride from downtown Huntsville.

In the tradition set by the Three-State/Three-Mountain, Cheaha and Cherohala Centuries, The "Feast" is a uniquely hilly ride featuring 7400 feet of climbing over its 96-mile, undulating course. Each climb is progressively steeper than the last, with the final challenge, Keel Hollow Road, exceeding 18 percent gradient for extended stretches. This epic will test your will and the limits of your gearing. For those less inclined for big miles or big inclines, the route offers a variety of courses from 33 miles to 96 miles. All routes feature at least one extended climb. The route is designed to offer many options so riders can 'mix and match' the length of their ride and the number of climbs; a literal feast of hills and scenery.

The ride is on Saturday, June 18, 2005. It starts at the new [Madison County Convention and Visitors Bureau](#) located at 500 Church Street at 8 AM. It will be fully supported with rest stops and SAG service. After the ride, you can shower at the nearby [Gold's Gym](#) and then enjoy Big Spring International Park, the Historic Old Town and Twickenham Districts and any of the numerous quality restaurants in the Downtown and Five Points Area. The cost of the ride is \$25 for early registration, \$30 for late registration

The Feast benefits AlaBike's efforts to establish Safe Routes to School programs in Alabama. Safe Routes to School is a Federally-funded, locally administered campaign to promote cycling and walking to school.

June 17 and 18 corresponds with a weekend mini-concert series in Big Spring Park put on by the Committee of 100 and several area sponsors. The shows will feature "big name" acts to be announced later. Stay tuned to this space and the web site as sponsorship plans and amenities for riders develop. (Pre/Post-ride meals, swag, goody bags, door prizes, etc....)

Wanted: A few good volunteers!!!

Staging a mass-start century ride requires volunteers. As Host organizations, the SCCC and AlaBike are seeking volunteers to help in several vital areas. Specifically, volunteers are needed for team leaders to organize specific aspects of the ride, as well as others to staff the many positions needed to execute a successful bike ride. If you are interested in helping out in a big or small way, contact Event Director, Morgan Andriulli, 536-7190, morganandriulli@comcast.net. Regular organization meetings will begin in early April.

There will be plenty of jobs for everyone, so let's pitch in and make this new event a big success.

The Four Mountain Feast is seeking volunteers for the following critical organizational positions:

- Rest Stop Coordinator – Manages volunteers and coordinates food distribution to each of the five rest stops.
- Sag Coordinator – Manages communication with the three on-course SAG drivers
- Sag Driver – A person with a large vehicle and some mechanical ability.
- Communications Coordinator – Manages communication with rest stops, SAG drivers, event headquarters and the Huntsville Police Department.
- Rest Stop Food Guru – In charge of collecting and organizing food and drinks for each of the five rest stops.
- Registration Coordinator – In charge of stuffing and organizing rider goody bags and coordinating volunteers tasked to work pre-ride and day-of registration.
- Other positions:
 - Rest Stop Worker
 - SAG Driver
 - Parking Assistant – Guides visitors into designated downtown parking areas and directs riders to the start area at Visitors Center on Church Street.

SCCC Century Planning Heating Up
Dan Kruvand

The 21st Annual SCCC All-You-Can-Eat Century will be held on September 17, 2005. We'll again enjoy use of the great facilities at the Madison County High School, as well as the fine support of the Soccer Club led by Ms. Trudi Prestridge. Our big fund-raising event is now six months away, but it's not too soon to start thinking about volunteering. The volunteers that set up and manned the registration, SAG wagons, and rest stops last year were terrific. As a result, the whole event went very smoothly. It was great to get the positive comments and emails from out-of-town riders. I'll be talking with the veteran volunteers over the next few months to again ask for their support and nail down the lead jobs. For now, all you need to do is mark your calendars and start making plans to work or ride our AYCE Century.

NEW!!
Standing Ride for Sou'easters!
Tom Greer

Sunday Afternoon Reasonable Recovery Ride. You rode hard Saturday (or not at all) and are looking for a reasonably paced ride at a reasonable hour on Sunday without an unreasonable drive to the start point. Starts 2 PM at Johnson Park on Mountain Gap Road west of Publix. 30-odd miles, 16-17 pace. Route goes north on Todd Mill and over the hill, up Garth, turns around at Drake & retraces route; then down Chaney Thompson to Bailey Cove Extension to Ditto Landing / Whitesburg YACHT Club (optional Hegia Burrow Grit Plant Cap Atkins Chicken House loop); then retraces route back to park. Mix of neighborhood streets and regular roads. No ride leader.
Point Of Contacts: Tom Greer, 655-0121; Dan Kruvand, 880-9347.


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www.madisoncycles.com
steve@madisoncycles.com

Mountain Bike Trail Day

Come out and join the mountain bike division on Saturday, April 2nd as we clean up the trails and do general trail maintenance in Monte Sano State Park. Please meet us at the park office at 8 a.m. with your gloves and some energy to burn!

Officers Contact List

<i>President:</i>	Mike Bayler	830-5956	mike@bayler.us
<i>Vice President:</i>	Morgan Andriulli	536-7190	morganandriulli@comcast.net
<i>Treasurer:</i>	Ed Bernstein	534-6574	sccctreasurer@msn.com
<i>Secretary:</i>	Geanine Lehmann	864-2591	gean31356@aol.com
<i>Community Affairs:</i>	Michael Holderer	883-9982	moh@knology.net
<i>Newsletter Editor:</i>	Rachel Marshall	883-7236	kdsmom2004@yahoo.com
<i>Race Division Manager:</i>	Steve Swann	461-9963	steve@madisoncycles.com
<i>Rides Captain:</i>	Michael Moran	852-7416	aussie303202@yahoo.com
<i>Webmaster:</i>	Dean Della Pella	890-0706	dean.della.pella@intergraph.com

Join The Club!!!

If you would like to become a member of the Spring City Cycling Club, please complete the application form in this newsletter and send your dues to: SCCC, PO Box 2231, Huntsville, AL 35804. Or, you can renew online at the club website: www.springcity.org

Dues are:

- \$12 - email newsletter (individual)
- \$15 - email newsletter (family)
- \$17 - USPS newsletter (individual)
- \$20 - USPS newsletter (Family)

Welcome New Members

Chris Davis.....	tri-guy@charter.net
Leana Justice.....	leana@sirsi.com
Jeremy and Shanda Smith.....	jasmith348@bellsouth.net
Jenny Vick.....	jenvick@msn.com
Jerry Davenport.....	presnel@comcast.net
Chris Marks.....	cmarks97@aol.com
Donald York.....	cycleork@netzero.com
Carl Hunt.....	chunt10013@hotmail.com
Frank Spalla.....	fspallajr@comcast.net



Thursday Alternate Ride on Again Geanine Lehmann

The Thursday Alternate Ride will return April 7, 2005. Since we do not have a Boeing employee with us at all times, we are moving to a new location on Wall Triana Boulevard. JIT Services on 125 Electronics Blvd has agreed to let us park in their right parking lot. It is across from the old Chrysler, now the Siemens plant. I will be there early to guide things, look for the little blue station wagon. My cell number is 655-6385. We will leave at 5:15. Hopefully this will work out well for us.

Meeting Minutes Geanine Lehmann

March 14, 2005 SCCC General Meeting

The president called the meeting to order. A new rider named Jeff Stewart attended the meeting. Morgan gave an overview of the program, My Favorite Ride and also reported that he is still pursuing the parade permit for the June 18 ride, Which will be the same day as the Harpeth Ride in Franklin, TN. Ed Bernstein announced that members that have not renewed their membership have been dropped from the mailing list. Geanine Lehmann announced that the first Alternate Thursday Night Ride will be starting from a new location since the security at Boeing kept questioning us last fall. The new location is the JIT Services, 125 Electronic Blvd. The Holderer's and Jamie are attending the League of American Cyclists Summit in Washington, D.C. They will be meeting with our Representatives and Senators. Mike Moran announced that the ride calendar still needs some more rides for April, please see him if you would like to lead a ride. To finish, there was an entertaining program discussing rides in the area.

March 7, 2005 SCCC Officer's Meeting

The Spring Ride will be held June 18 as long as a parade permit can be obtained, which Morgan Andriulli is aggressively pursuing. It was also announced that The Huntsville Young Professionals would be involved with the ride. Morgan has a mailing list of some 1,700 addresses, which will hopefully create a large turnout. Alabama Outdoors has requested a contact for the club and Morgan Andriulli has agreed to be the contact. The contact information and general details of the club will be provided to them, such as the standing rides and repetitive activities of the club.

Dan Kruvad plans to contact Madison County High School next week to firm up the Century date. The USCF fee has been paid. Dean Della Pella provided samples of a new lay out for the website and they look great. Mike Bayler plans to contact Alex about the RAM series and to find out how it has been going. We hope to get the RAM series started a little earlier this year.

St. Paddy's Rides and Party **Willy Albanes**

We had a terrific day on Saturday, March the 12th, for the yearly St. Patrick's Day event. It was the first truly beautiful Saturday of the year with five different rides of a variety of speeds and duration preceding a noonish Irish stew lunch at Morgan and Jamie's. Ray Mulcahey took on the task of making the beer green and of course, Mike Bayler brought his usual terrific cheesecake. Dawn Creed and Sharon Bayler gave Geanine Lehmann a birthday cake and party within the party. There were lots of people there that hadn't been seen since fall and a few new ones, catching up on news and telling tales. It was fun to be had by all and hopefully is a sign of a wonderful riding season to come.



Geanine cuts the cake



Ray Mulcahey makes the green beer



Gary Peterson and Lamont Brown



Geanine Lehmann, Dawn Creed and Sharon Bayler

Photos courtesy of Willy Albanes and Morgan Andriulli

SCCC Membership Application

NAME _____ PHONE (H) _____

ADDRESS _____ (W) _____

CITY _____ STATE ____ ZIP _____

E-MAIL _____ I agree to receive the newsletter by E-mail only.

Interest Group :

Touring, Recreational Riding _____ Race Division _____ Mountain Bike Division _____

Check the option you desire. Mail this application with a check / money order made out to:

Spring City Cycling Club / PO Box 2231 / Huntsville, AL 35804.

2005 Membership (January – December):

Individual _____ \$12.00 (email newsletter) _____ \$17.00 (USPS newsletter)

Family _____ \$15.00 (email newsletter) _____ \$20.00 (USPS Newsletter)

TOTAL (Check Payable to SCCC): _____

Release of Responsibility: The person signing this document certifies that he/she has examined the information on this release form and membership application and that all information is complete, true, and correct. For the sole consideration of being allowed to participate in Spring City Cycling Club (SCCC) activities, the undersigned hereby releases and forever discharges SCCC members, agents, officers, volunteers, personal representatives, their heirs, successors and all other persons, firms, and corporations liable or who might have claimed to be liable (all and each "Released Person") from any and all claims, demands, damages, actions, causes of action or suits of any kind and nature whatsoever, and particularly on account of all future injuries both to the person and property which may have resulted, or may in the future, develop from participation in or traveling to and from SCCC activities or SCCC sponsored events. I fully realize, acknowledge, and assume the risks of the hazardous nature and dangers of participating in any club activities, including by way of example and not limitation, the following: collisions with pedestrians, vehicles, other riders, and fixed or moving objects; safety hazards, equipment failure, inadequate safety equipment, and weather conditions; and the possibility of serious physical injury associated with cycling (each and all of which shall be referred to as 'Injury'). This release has been completely read by or to the undersigned and the terms hereof are fully understood and voluntarily accepted for the purpose of releasing each Released Person from any and all claims, disputed or otherwise on account of any injury.

Participant's Signature: _____ **Date:** _____

(Signature of Guardian, if under 19) _____

Deadline for the April newsletter is **Friday, April 15th**. Please send submissions to Rachel Marshall at: kdsmom2004@yahoo.com. Members are asked to submit articles, pictures or just about anything that they may find humorous or cycling related. You may also run free bike-related classified (non-commercial) ads.

For updated ride and club information, please visit the club website at: www.springcity.org

Rides Captain: Mike Moran

Spring City Cycling Club

April 2005 Rides Calendar

Phone: 852-7416

E-mail: aussie303202@yahoo.com

www.springcity.org

Recurring Rides				
Date/Time	Miles	Ride Leader	Ride Name/Starting Point	Ride Comments
Sunday 8:00 am	43	Morgan Andriulli 536-7190 jamorgan10@comcast.net	Fast Breakfast Ride/ Mullins Restaurant	17-19 mph pace, sometimes harder, sometimes not.
Sunday 9:00(9:15) am	18 (10)	Willy Albanes 883-0685 albanes@att.net	E-Z Breakfast Ride/ Grissom H.S.(Winn Dixie)	To Mullins Restaurant and back, at a social pace. Post breakfast Monte Sane option
Sunday 2 p.m.	30	Tom Greer 655-0121 Dan Kruvand 880-9347	Sunday Recovery Ride/ Johnson Park On Mt. Gap Road	16-17 pace
Sunday 1:00 pm	40	Don Wallace 859-3019 wallace@mae.uah.edu	Sunday Afternoon Ride/ Williams Elem. School	32 & 22 mile options 16.5 to 17.5 mph
Tuesday 5:30 pm	28	Don Lovelace 539-9008 lovelaced@msn.com	Tuesday Arsenal Ride/ Bldg. 5400 south parking lot	13 & 21 mi. options, 17-19 pace, bring lights. Badge, government ID or escort required, fast and slow groups, pre-arrange for slower pace
Tuesday 5:30 pm	32-38	Dean Della Pella 730-3679 dean.della.pella@intergraph.com	Tuesday Intergraph Ride/ Wellness Center parking lot	At the "new" old Intergraph
Thursday 5:15 p.m.		Geanine Lehmann 655-6385	Thursday Alternate Ride/	JIT Services at 125 Electronics Blvd.
Thursday 5:30 pm	28	Don Lovelace 539-9008 lovelaced@msn.com	Thursday Arsenal Ride/ Bldg. 5400 south parking lot	13 & 21 mi. options, 17-19 pace, bring lights. Badge, government ID or escort required, fast and slow groups, pre-arrange for slower pace
Thursday 5:30 p.m.	25 or more	Charles Feaux 881-8479 cfeaux@comcast.net	Thursday Williams Elem. Ride/ Williams Elem. on Zierdt road	Slow and fast groups; usually fast

April Rides				
April 2 nd 8:30a.m.	95	Jean Jasinczuk 772-7915	Joe Wheeler Ride/ Creekside Elementary School	16-18 pace
April 9 th 10 a.m.	28	Ned Audeh 881-9596	Starts Madison Gazebo	Lunch at Greenbrier Restaurant; bring money 12-14 pace
April 9 th 9 a.m.	45- 50	Mike Bayler 830-5956	Sparkman Mystery Ride/ Sparkman High School	14-16 pace
April 16 th 9 a.m.	57	Barry Mathews 464-0572	Johnson Elementary School at 21360 Al Hwy 251 Elkmont	16-18 pace
April 23 rd 9.30 a.m.	35	Alex Harris 653-5221	Coldwater Ride/ Sparkman Middle School	14-15 pace
April 23 rd 9 a.m.	45	Gary Peterson	Mooresville Ride/ Madison Gazebo	15 pace
April 30 th 7:30 a.m.	75- 85	Josh Whitehead 426-4311	3 State Prep Ride/ Woodville High School	3 major climbs 16-18 pace
April 30 th 7 a.m.	120	Charles Feaux 881-8479	Publix in Hampton Cove	15 pace
April 30 th 8:30 a.m.	?	Tom Greer 655-0121	Grassy Mountain Ride/ Publix in Hampton Cove	14-17 pace

All rides free and open to the public. Helmets mandatory. Choose a ride appropriate to your ability. Properly maintained equipment highly recommended.

Upcoming Regional Rides

April 2nd & 3rd - Heart of the South 500, Birmingham, AL – visit www.heartofthesouth500.com
April 2nd - [Muscle Mountain Mania](http://www.alsride.com) – Suches, GA – www.alsride.com
April 3rd - After the Bridge Run Spring Century – Charleston, SC – www.coastalcyclists.org/
April 9th – The Old Howard 100 – Marion, AL – <http://www.samford.edu/groups/oldhoward100/>
April 10th - Boll Weevil 100 - Enterprise, AL – www.enterpriseliions.com
April 16th – The Dogwood 100 – Winchester, TN – www.winchesterdogwoodfestival.com/bike.html
April 16th-17th – Tour of Springtime Rural Vistas (TOSRV) – Fla. and Ga. – www.cccyclists.org
April 17th – Cheaha Challenge Century+, Piedmont, AL – visit www.neabc.org
April 19th-24th – Tour De Georgia – Pro cycling at its best in the southeast
May 7th – 3State, 3Mountain Challenge Century+, Chattanooga – www.chattbike.com
May 15th – Century Of Compassion – Birmingham, AL
May 28-29th – The Horsey Hundred – Lexington, KY
May 28-29th – Crit Races – Tuscaloosa, AL
June 4th-11th – Eleventh Annual BAMA – <http://www.bikebama.com/>
June 18th – Alabike event – Huntsville, AL

Editors Note: Thanks so much to Marjorie Holderer for her help compiling a great list of events!

Income Statement for the Period 2/1/05 - 2/28/05

Beginning Balance 2/1/05	\$5,294.68
Income	
Membership	\$619.50
Advertising	48.00
Car Tags	<u>115.00</u>
TOTAL Income 2/1/25 -2/28/05	782.50
Expense	
Postage	\$37.00
Programs	\$36.75
LAB Membership	55.00
US Cycling Membership	<u>150.00</u>
TOTAL Expense 2/1/05 - 2/28/05	\$234.39
Ending Balance 2/28/05	\$ 5,798.43

Race announcements Steve Swann

Warm up for the Tour de Georgia in Anniston, Alabama on Saturday evening, April 16. This is just 90 miles due west of ATL on I-20. The Sunny King Criterium is a Category A race with \$10,000 in the Pro 1/2 field and \$3,000 to other fields. First race starts at 3pm, with the Pros going off at 8pm under the streetlights of downtown Anniston. A local restaurant festival (A Taste of Noble) on newly renovated Noble Street will be from 5 to 8pm next to the Start/Finish venue. 12 local fine eateries will provide elaborate buffets in the street. \$10 gets you all you can eat. Gene Dixon from Athens Twilight will bring his whole rig to provide timing at the finish. There will be vendor booths for kids and Fun Kids Races start at 5:30pm. 100% of all racer entry fees will go to local

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Relay for Life cancer research fund-raiser. Several of the Tour de Georgia teams have confirmed they will race. Carb up on Saturday night because the 13th Annual Cheaha Challenge Century is on Sunday, April 17, just up the road from Anniston in Piedmont, AL. The full 102-mile route has more than 7400 feet of climbing with grades of more than 10%. VERY well supported by local volunteers. \$30 includes breakfast, lunch, t-shirt, water bottle (to first 500), and all the rest stops.

National Bike Summit Conference

Michael Holderer

Marjorie Holderer, Jamie Miernik and myself attended this year's League of American Bicyclists National Bike Summit held in Washington DC on March 15-March 18. The purpose was to become more familiar with programs, the legislative and funding process for public works, and to meet with legislators and staff to encourage funding for bike and pedestrian related projects. We succeeded on all three. Before the summit, Marjorie and myself attended the Thunderhead Alliance 'Complete Streets' campaign workshop. As we learned, Mid-Ohio Regional Planning Commission (MORPC) has initiated a "Complete Streets" policy which states: "All streets shall accommodate bicyclists and pedestrians safely." South Carolina has also adopted a similar policy. While such a policy does not instantly create bike paths everywhere, it does make the government agencies declare whether the design will provide for bikes and pedestrians, and if not, why not. Can it happen here in Huntsville? We believe so and now we know something about how to go about it. During the summit we attended several sessions on the current state of transportation funding. As March draws to a close, the House has passed HR-3. That means it is out of committee and has been voted on by the entire house. This bill contains enhancement money for the same 16 competing categories of projects. However what is new is that there is money set aside for Safe Routes To Schools programs. A good part of that is for encouragement and education, not just infrastructure. The 3 committees in the senate are currently debating a transportation bill that is expected to come out of committee and be voted on by the entire senate before Easter. After that happens, it goes to conference to resolve the differences. This means representatives from the senate and house meet, resolve differences in the two bills and prepare for presidential signature. Congressional staff members are hopeful that all will be completed before Memorial Day on May 30th and May 31st is when the current transportation budget ends and nobody 'wants' to extend it. But, other things may bring all this to an impasse such as long and tiring debate about a new Supreme Court appointment. We also attended a luncheon which featured the Secretary of Transportation as the keynote speaker. Other sessions included topics such as bridges and bikes, federal alphabet soup status (standards and guidelines), lobby coaching, PAC formation, and others. We also visited our legislative offices for 9 appointments that Marjorie had set up and the first stop was to Bud Cramer's office and next was the office of Jeff Sessions. We told them about the meeting being held with MPO leaders in the Anniston area and with Jack Plunck that very day. They were quite interested in furthering that trail to the Georgia state line to connect it with the Silver Comet Trail leading to Atlanta. Next, we met with

Continued on next page

Senator Shelby's aid, who seemed quite receptive and willing to forward our interests to Senator Shelby. After lunch, we split up and James Burnum joined us to talk with young Congressional staffers in 6 offices. Mr. Burnum's special knowledge of people and acquaintances in Mr. Aderholt's office established an easy, personal rapport. The day on the hill closed with a party held in the Senate Russell Building caucus room, hosted by LAB. Senators Kerry and Kennedy, plus Congressman Oberstar treated conference attendees, congressional members, and their staff to speeches. Friday, the closing speeches were hopeful and bright. One of those speeches was delivered by the Executive Director of South Carolina DOT, who stated: "Engineers don't ask whether folks want drainage with their road work. Similarly, we should assume that bikes and pedestrians are to be accommodated." Peals of applause! Indeed, on the newly constructed Cooper River Bridge near Charleston, the SCDOT is receiving kudos for the bike and pedestrian-friendly design which is sure to draw tourists. In 1999, the SCDOT pooh-pooed the idea and in 2003 they joined in with receiving credit for the 21st century design. Then we attended 2 breakout sessions regarding Safe Routes To School programs - which are receiving widespread attention to help reduce school zone congestion. This is a program that encourages walking and cycling and also offers educational opportunities.

Earth Day Ride Morgan Andriulli

The Shoals Environmental Alliance, a smart growth and green space advocacy group based in Florence, is sponsoring a number of Earth Day events at the Tennessee Valley Authority's Muscle Shoals Reservation at Wilson Dam on Saturday April 23. Activities include wildflower hikes and walking tours of the reservation by TVA Biologist, Damien Simbeck, begin at 8AM from the parking lot of Wilson Dam. Bikes Plus of Florence is co-sponsoring and leading a 60-mile ride and an easy 15-mile ride starting at 1 PM. The 60-mile ride is a rolling hills tour of Colbert County with a couple of 1-mile hills. The route will be paint marked for easy navigation and will pass stores about every 15 miles for do-it-yourself rest stops. **The rides are free of charge.** For more information, contact Nancy Muse, SEA, 256 767-2909 (nancymusesea@aol.com), or Ian Jones at Bike's Plus 256 767-8202 (bikesplus@comcast.net).

Short Version:

When: April 23 – Saturday

Where: Florence, AL

Start: Wilson Dam Parking Lot

Time: 1 PM

Routes: 60-miles in Colbert County with a few 1-mile climbs. Stores every 15 miles. 15-mile easy tour. The Routes will be paint marked.

Information: Ian Jones at Bike's Plus 256 767-8202 (bikesplus@comcast.net), or Nancy Muse, SEA, 256 767-2909 (nancymusesea@aol.com)



Spring City Cycling Club

**P.O Box 2231
Huntsville, Al 35804**