

Spring City Cycling Club
Huntsville, AL – Founded 1892

The Spring Times

January 2005

www.springcity.org

The Official Publication of the Spring City Cycling Club – Dedicated to providing “concerted plans and amusements for the bicyclist.”

SCCC Club Meeting:

Monday, January 10th. 7p.m.
El Camino Real Restaurant
4116 University Drive
Just west of Jordan Lane

Program: Ned Audeh will talk about his bicycle tour of
Sicily

Officers Meeting:

Monday, January 3rd 6:30 p.m.
Big Ed's Pizzeria

Presidents Ramble

Back In The Saddle

The title for this article is very appropriate for me this year in two ways. First, I've just been elected to the office of SCCC President again. Second, I've had a great return to bicycling this year.

I'm looking forward to another term as club president. I think the club has a lot of great members and a well-qualified core of officers that will be working together for the upcoming year.

The club made some significant accomplishments this past year. This year's century was another great event that ended up well in the black despite predicted weather problems from Hurricane Ivan. The Ride-A-Metric (RAM) program attracted several new members to the club and helped many of them to complete the club metric. The helmet campaign for the Margarita Society was very successful and will make many children in the Tennessee Valley safer as they ride their bicycles. The related Toys for Tots work session helped ensure that the bicycles received as gifts were in safe riding condition.

During the next year we plan to expand the RAM series to help more new riders reach the metric goal more easily. The rides will start earlier in the year and allow riders to more slowly grow their riding distance and their confidence on the road. We will also be looking to former RAM riders and other club members to help provide mid-week ride opportunities for these riders.

In addition to our own fall century, the club will be throwing its support behind another Huntsville cycling event. Morgan Andriulli will be organizing a spring ride (with optional torture session) to benefit the Alabama Bicycle Coalition (AlaBike). The club will be making many of its resources available for this ride and hopes that the membership will also be willing to help out

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It Is Now Time To Pay Dues

It's Membership Renewal Time

Don't forget to renew your SCCC membership. You might miss out on next year's exciting cycling events. All memberships expire December 31. Send the enclosed application and dues to: SCCC, P.O. Box 2231, Huntsville, AL 35804.

Or, you can renew on-line at:

http://www.active.com/event_detail.cfm?event_id=1103251

Thanks for your renewal!

through volunteering and participation. As I mentioned before, this past year has not only brought a return the club presidency but also a great return to cycling. I ended up with over 3000 miles for the year – the longest distance I have ridden in any year since I started cycling. Given that my last two years have been about 500 miles each due to some medical issues and plenty of workweeks spent out of town I'm very pleased with this past year's results. Not only was it a great year mileage wise, it was a great year for expanding my horizons. After having contemplated the purchase of a touring bike for a few years I decided to purchase a Surly Long Haul Trucker frameset and equip it with appropriate touring gear. Despite its low price tag (and somewhat heavy weight) the Trucker is the smoothest riding bike I've ridden. In August Sharon and I journeyed to Missouri and rode unsupported halfway across the state on the Katy Trail Rails-to-Trails path. Life was simplified somewhat by staying in bed and breakfast inns, but the trip taught us a lot about the determination, organization, and planning required to do multi-day touring.

Hopefully the above two accomplishments along with a recent bug for camping will pay off through a wonderful experience at Bike Florida. Sharon and I (along with several other Huntsville cyclists) plan to spend a week riding around Florida in late March.

I'm looking forward to another great year for the SCCC and another great year on the bicycle.

See you on the road!

Mike Bayler.

Meeting Minutes

By Geanine Lehmann

SCCC Officer's Meeting December 6, 2004

The meeting was held at Tim's Cajun Kitchen. Mike Bayler, Sharon Bayler, Ed Bernstein, Andy Brown, Dean Della Pella and Geanine Lehmann were present. The discussion centered on the slate of officers for next week's election. Names were discussed and decisions were made to contact various members to see if members were willing to serve.

SCCC General Meeting December 13, 2004

President Alex Harris called the meeting to order. VP Andy Brown explained a notebook system to help expedite the food ordering process. Alex thanked the volunteers that helped with the Marathon Aid Station and to the Holders for hosting the Club Christmas party. Morgan Andriulli gave a report on the plans for the April 23, 2005 SCCC-ALA Bike event. He is working on getting the endorsement of the event from the Chamber of Commerce. The event will have ride options from 10-80 miles on the Saturday of Panoply Weekend.

Old Business: The Toys for Tots work session has yet to be determined. Mike Lackey is in charge of the session. Davey Haynes made a motion to reimburse Dave Stone for his fees and some of the expenses

involved in his League of American Bicyclists Cycling Instructor Certification. Discussion followed and it was voted on to reimburse \$250.00.

Short Issue. President Harris recapped an ongoing issue with J. Michael Ross concerning a pair of shorts that he found unsatisfactory and is demanding a refund. He has stated that he is taking the club and Steve Swann to small claims court to recover the cost. It is the considered opinion that the shorts have been worn and a refund is not in order.

Sharon Bayler gave a report on the helmet fundraiser. \$235 was donated and the club contributed \$135 dollars. In total, 30 helmets were contributed to the Margarita society charity.

Upcoming rides: Coldwater ride on Dec 18, 40 and 60-mile options. Dec 31 Barry and Wesley Birthday ride. New Years Day ride from Publix at Hampton Cove, maps provided.

Slate of Officers:

President: Mike Bayler

VP: Morgan Andriulli

Community Affairs: Mike Holderer

Web Master: Dean Della Pella

Secretary: Geanine Lehmann

Treasurer: Ed Bernstein

Rides Captain: Mike Moran

Newsletter Editor: Alex Harris.

A motion was made to accept the slate. Motion seconded and passed. After it became known that Rachel Marshall would accept the newsletter position, Alex resigned and Rachel was voted into the position.

The meeting location was discussed. Views were expressed and options considered. The officers will consider the meeting location.

New Member

Brian Sumners 2407 Gallatin St, Huntsville, AL 35801

Phone (H) 694-2719 (W) 963-8114

email: brian.sumners@adtran.com

Welcome Home

Let's all give **Gary Peterson** a big hello. Gary has been in Iraq for the past six months. Luckily, he returned home just in time for the holidays. There will be more news to follow of his return (a party, I am sure!).

Welcome Home, Gary!

Aid Station Observations

By Michael Holderer

December 11 arrived early for a Saturday. After stumbling through four cups of coffee, I made my way over to the usual spot. Tables and supplies were already in place and fellow volunteers showed up quickly to begin the setup procedures. We know the drill: unroll the hose, sweep the curb, erect tables and fill coolers with who knows how many bags of Gatorade. Some of the volunteers were not members of the SCCC, but their help was welcome. By 8:20, we were well prepared with drinks aplenty for those who chose to sip. Worn pants covered colored tights and numerous layers masked about 40 degrees as sunlit clouds only threatened showers while we were outside. Later, water was pressurized into welcome hot chocolate. Odd numbered runners threw some of their clothes as they passed, which we bagged. A quantity of new colorful T-shirts was then distributed to all volunteers. Sufficient second shifters came on schedule and filling cups was simple, since there was no need to stack on the opposite curb, due to the lengthy runners' staggered approach. Hidden water barrels dragged behind the tables provided access and prevented occasional contamination despite their fullness. Generously materialized by Lamont, rolled paper towels, whole cracked bananas, segmented tangerines and Fig Newtons were given away, mostly to apparently hungry runners. Andy Brown later slowed for well-deserved high-fives and Gatorade as he made his way through the marathon. Possibly, Gatorade was more popular on the return than on the way out and after review, we strengthened the mix by a factor of two so it was unclear. No incremental flatulence was cited or persisted and fresh latex gloves proved surprisingly warm and prophylactic. Trained careless runners dropped cups briefly used and they accumulated over a period of time. Empty cups were returned to HTC with washed flattened tables and as closing, we left a few cups curbed. Thanks to all of you good people who helped us again! Yours, Michael

Treasurer's Report

Income Statement for the Period 11/1/04 - 11/30/04

Beginning Balance 10/31/04	\$5,571.36
Income	
Century T-Shirt	\$10.00
Membership	\$34.00
TOTAL Income 11/1/04 - 11/30/04	\$44.00
Expense	
Quality Quick Printing - Newsletter	\$52.39
Andy Brown - Tim's Ford Camping Expense	\$23.81
Postage (September - November)	\$74.00
TOTAL Expense 11/1/04 - 11/30/04	\$150.20
Ending Balance 11/30/04	\$5,465.16



Officers Contact List

President: Mike Bayler.....	830-5956	mike@bayler.com
Vice President: Morgan Andriulli.....	536-7190	Morganandriulli@comcast.net
Treasurer: Ed Bernstein.....	534-6574	scctreasurer@msn.com
Secretary: Geanine Lehmann.....	864-2591	gean31356@aol.com
Community Affairs: Michael Holderer.....	883-9982	moh@knology.net
Newsletter Editor: Rachel Marshall.....	883-7236	kdsmom2004@yahoo.com
Race Division Manager: Steve Swann.....	461-9963	steve@madisoncycles.com
Rides Captain: Michael Moran.....	852-7412	Aussie303202@yahoo.com
Webmaster: Dean Della Pella.....	890-0706	dean.della.pella@intergraph.com



MADISON CYCLES

461-9963

See What's New at Our New Store

— 8760 Madison Blvd. —Mavic Wheels
Vittoria Tires Lights Helmets
Hydration Summer Clothing New Stuff
Kestrel & Felt Bicycles

www.madisoncycles.com steve@madisoncycles.com

Volunteering for Toys for Tots

By Mike Lackey

AKA "Oh my God... there weren't this many bikes at Harpeth this year, and they had over 700 riders!"

On December 18, 2004, eight members of the SCCC showed up at the Toys for Tots warehouse in Madison to support an organization dedicated to providing Christmas for children in the Madison County area. The local US Marine Corps Reserve provides local support for the Marine's Toys for Tots program. For more details, see <http://www.toysfortots.org/home/>.

At 9:00am, our small group of volunteers had gathered in the parking lot. Armed with tools, we were anxiously waiting for the doors to open. Seems the organizers were a bit late that day. Around 9:30 or 9:45, an Intergraph security guard took pity on us, unlocked a few doors, and let us into the back of the building.

We were confronted with a sea of cycles. Initially, I was almost shocked by the number of bicycles in the building. What **were** we thinking? Bikes were very tightly packed into rows, and there was row, after row, after row of bikes. It was quite a sight. The small voice in my head kept screaming "No way".

After the initial shock, we quickly decided on a plan of attack and broke into smaller groups. The bikes had all been assembled, so our plan was to check each for safety. Brakes had to be functional, while handlebars, seats, and wheels had to be tight. For mtb's the gears had to work reasonably well. Our small groups headed off in different directions and we were finally underway.

I teamed up with Doc, a volunteer from the Huntsville Rock Crawler club

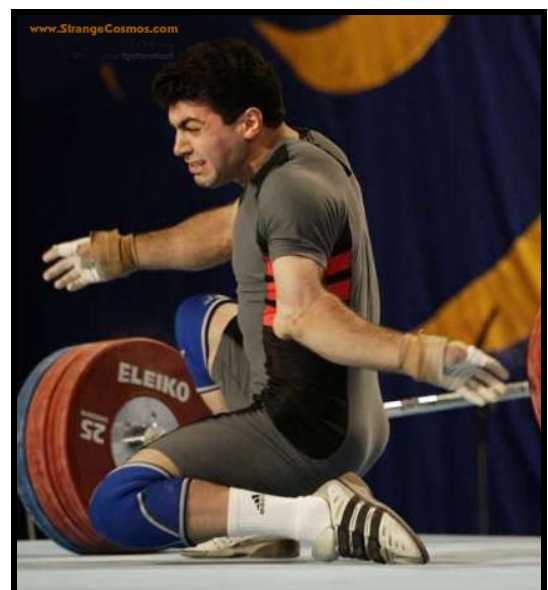
<http://www.rocketcityrockcrawlers.com/>. We gave each bike a quick checkout. If all that was needed was a quick tightening of a nut or bolt, we did it on the spot. If the brakes or gears were not functional, or a tire was low on air, we set the bike aside and proceeded to the next bike in the row. When all bikes in a row had been checked, we returned to those that had been set aside earlier and fixed those. When those were fixed, and placed back in the row, we started on the next row.

As a group we busted our humps till 12:30 or so, when we were fed a lunch of sandwiches, chips and sodas provided by the TFT organizers. We'd been working fast and furious all morning, so the food was welcome and it felt good to just sit and relax for a while.

After a short lunch we continued on with the bikes, row after row, until almost 2:00pm. By that time fingers were raw, backs and knees were sore, and we were all very tired. There was only one relatively small section of bikes that had not been checked. It was a very small section compared to the sections we had waded through that day. Somebody mentioned counting the number of bikes that had been checked, but the suggestion quickly died, I think we were just too tired to care. The volunteers told us that almost 2000 bikes had been donated this year and I believe it. I'd also guess we checked at least 75% of the bikes in the building. Some quick math says that 75% of 1800 is just over 1400 bikes. Now that's a lot of checking!

My thanks to those who volunteered their time and technical expertise to help in a truly good cause: Mike Bayler, Dean Della Pella, Vern Gibson, Chris Karr, Dan Kruvand, Mike Moran, and Glenn Williams. Due in no small part to their selfless donations, less fortunate kids in Madison County will receive safe, ride able bikes for Christmas. If we prevented only one crash, only one accident, then it was time well spent.

Reason 5 To Take Up Cycling



Submitted by Willy Albanes

Huntsville Christmas Parade

Helmets off to the SCCC and Alabike! We were picked as parade favorites in our category (special vehicles) in the Huntsville Christmas parade this year, which will be broadcast on Christmas day. There were roughly ten cyclists who showed up to represent the club on all types of bikes from trikes and recumbents to tandems. We seemed to be a hit with the crowds, especially the recumbent bikes, as "that's the kind of bike I need" was constantly overheard. Special thanks to Terry for driving his SUV and not running over us as we rode circles around him. Hope you still have a clutch, Terry!



Letter From The Editor

Hello Everyone!

My name is Rachel Marshall and I will be your editor-in-chief of this lovely publication for the upcoming year. Just a quick introduction for those who don't know me: I was introduced to cycling some years ago, but it was not until last Christmas that I actually owned a road bike. In May of 2004, I finally knocked the dust off my new bike and have since found a new love. Maybe the New Year will bring me more opportunities to ride. I am married to Paul Marshall (Dezenberg, to some) and we have two kids: Kaelin, who will be four this month and Dylan, who is 18 months. I am a stay-at-home mom who always has a full plate with the two that I have. Just a few things I would like you to know:

*The deadline for newsletter submissions is the 15th of every month. I appreciate anything you send in, but please be considerate of the deadline.

*I welcome any comments or suggestions you may have, so send those to me at:

kdsmom2004@yahoo.com

I hope that everyone has a great holiday season and a Happy New Year. See you on the bike.

Walls Of Jericho Trip

Set aside your bike and hike for a day as we discover this national treasure, *weather permitting*. A unique natural area, which was once the home of Davey Crockett's family and known throughout Tennessee and Alabama as the "Walls of Jericho". The huge tract of 21,453 acres of rivers, forested uplands and caves spreading across the Alabama and Tennessee state line contains an extraordinarily diverse array of plants and animals. The actual "Walls of Jericho" is a large, bowl-shaped amphitheater that shoots water out of holes and cracks in the canyon wall during times of high flow. The history behind the site and the unspoiled natural beauty is known to provide a mystical feel for visitors. Contact Sharon Bayler sharon@bayler.us for more information.

SCCC Membership Application

NAME _____

ADDRESS _____

—

CITY _____

STATE _____ ZIP _____

PHONE
(H) _____ (W) _____

E-MAIL _____

Membership	January-December	July-December
Individual	\$17.00	\$9.00
Family	\$20.00	\$10.50
**E-News Discount	(-\$5.00)	(-\$2.50)

___**I agree to receive the newsletter by E-mail only (5\$discount).

Release of Responsibility: The person signing this document certifies that he/she has examined the information on this release form and membership application and that all information is complete, true, and correct. For the sole consideration of being allowed to participate in Spring City Cycling Club (SCCC) activities, the undersigned hereby releases and forever discharges SCCC members, agents, officers, volunteers, personal representatives, their heirs, successors and all other persons, firms, and corporations liable or who might have claimed to be liable (all and each "Released Person") from any and all claims, demands, damages, actions, causes of action or suits of any kind and nature whatsoever, and particularly on account of all future injuries both to the person and property which may have resulted, or may in the future, develop from participation in or traveling to and from SCCC activities or SCCC sponsored events. I fully realize, acknowledge, and assume the risks of the hazardous nature and dangers of participating in any club activities, including by way of example and not limitation, the following: collisions with pedestrians, vehicles, other riders, and fixed or moving objects; safety hazards, equipment failure, inadequate safety equipment, and weather conditions; and the possibility of serious physical injury associated with cycling (each and all of which shall be referred to as 'Injury'). This release has been completely read by or to the undersigned and the terms hereof are fully understood and voluntarily accepted for the purpose of releasing each Released Person from any and all claims, disputed or otherwise on account of any injury.

SCCC memberships expire at the end of each year. Dues are based on when you join. General club membership does not include Race Division membership. Check the options you desire. Total the dollar amount and mail this application with a check / money order made out to: Spring City Cycling Club / PO Box 2231 / Huntsville, AL 35804.

Participant's

Signature: _____

Date: _____

(Signature of Guardian, if under 19)

latest information:

Mike Moran, Rides Captain

Phone: 852-7412

E-mail:

aussie303202@yahoo.com<http://www.springcity.org/>

Spring City Cycling Club

January 2005 Rides Calendar

Weather policy

If the weather is questionable before the start time, call the ride leader to confirm whether the ride will take place.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Easy Breakfast Fast Breakfast Afternoon Rides	3 Officers Meeting Big Ed's Pizzeria 6:30 p.m.	4 Intergraph Ride Arsenal Ride	5	6 Williams Elem. Ride Alternate Thurs. Ride	7	8 Harvest Ride
9 Easy Breakfast Fast Breakfast Afternoon Rides	10 General Meeting: Ned Audeh will discuss his trip through Sicily	11 Intergraph Ride Arsenal Ride	12	Williams Elem. Ride Alternate Thurs. Ride	14	15
16 Easy Breakfast Fast Breakfast Afternoon Rides	17	18 Intergraph Ride Arsenal Ride	19	Williams Elem. Ride Alternate Thurs. Ride	21	22
23 Easy Breakfast Fast Breakfast Afternoon Rides	24	25 Intergraph Ride Arsenal Ride	26	27 Williams Elem. Ride Alternate Thurs. Ride	28	29
30 Easy Breakfast Fast Breakfast Afternoon Rides						

Standing Rides

Sunday Fast Breakfast Ride - 8:00 AM 43 miles, 17-19 mph pace (Sometimes Harder. Sometimes Not). Starts at Mullin's Restaurant. **Ride Contact:** Morgan Andriulli 536-7190, jamorgan10@comcast.net

Sunday E-Z Breakfast Ride - 9:00 AM (9:15 AM) 18 (10) miles to Mullins Restaurant and back @ low mph. Post-breakfast Monte Sano option. Starts at Grissom High School (Winn Dixie - Airport & Whitesburg) **Ride Contact:** Willy Albanes, 883-0685, albanes@att.net

Sunday Afternoon Ride - 1:00 PM. 40 miles (32 and 22 mile options) at 16.5 to 17.5 mph. Starts at Williams Elementary School. **Ride Contact:** Don Wallace, 859-3019, wallace@mae.uah.edu

Tuesday Arsenal Ride - 5:30 PM, 22 miles, fast & slow groups. Starts at Building 5400 south parking lot (badge, government ID or escort required). **Bring lights. Ride Contact:** Don Lovelace, 539-9008, lovelaced@msn.com

Tuesday Intergraph Ride - 5:30 PM. 32 - 38 miles. Starts at the "new" old Intergraph at the truly new Wellness Center parking lot. **Ride Contact:** Dean Della Pella, 730-3679, dean.della.pella@intergraph.com

Thursday Williams Elementary Ride - 5:30 PM. 25 - 35 miles or more depending on route. Starts at Williams Elementary on Zierdt Rd. Slow, fast groups, typically fast. **Ride Contact:** Charles Feaux, 881-8479, cfeaux@comcast.net

Alternate Thursday Night Ride - 5:15 PM. Starts Boeing Recreation Center. Various routes (12-22 miles) and speeds. **Ride Contact:** Geanine Lehmann 313-0631 at work, or cell 256-655-6385.

Every Day - M.D.'s Lunch Ride - 12:00 PM. 10 to 18 miles, 13-14.5 mph pace. Starts at Big Spring Park Duck Pond. **Ride Contact:** M.D. Smith, 536-8521 x103, 527-8521 (Cell), call ahead

December 31 - Barry and Wesley's Birthday Ride - Join Barry and Wesley as they celebrate! Starts from East Clinton School at 9:00 AM, no maps provided, 15-17 pace. Route varies depending on the weather. If it's really cold, we'll just climb Monte Sano and then go for coffee!! If below 45, we'll climb Monte Sano and Four Mile Post for a total of 20 miles or so. If it's really nice, we'll do a 44 mile loop, **Ride Contact:** Barry Mathews, 464-0572, barrymathews@knology.net.

Saturday Rides

January 1 - The Traditional New Year's Day Ride! The route is Cherry Tree Loop, 33 miles, all paces welcome. Starts at 11:00 AM at Publix parking lot on Highway 431. Maps provided, no ride leader. **Ride Contact:** Sharon Bayler 830-5956 sharon@bayler.us

January 8 - Harvest Ride - Beginning at the Madison Gazebo, start at 12:00 PM. Around 35 miles, 16-18 mph pace. **Ride Contact:** Jean Jasinczuk, 772-7915 jjasincz@knology.net.

Newsletter Deadline

Deadline for the February newsletter is **Saturday, January 15**. Please send submissions to Rachel Marshall at:

kdsmom2004@yahoo.com. Members are asked to submit articles, pictures, and useful links. Members may also run free bike-related classified (non-commercial) ads. "The Spring Times AINT The New York Times," Submissions should be in decipherable but not perfect U. S. English. For updated ride and club info, always check www.springcity.org early and often.

Spring City Cycling Club Rides Policy

All rides free and open to the public. Helmets mandatory. Choose a ride appropriate to your ability. Properly maintained equipment highly recommended.

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